

PAUL JACKSON

# HANKY PANKY

17 models to  
make with the  
handkerchief  
in your pocket !



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# HANKY PANKY

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*Illustrations by  
Scoular Anderson*

## Introduction

You can probably fold paper to make aeroplanes and other things, but did you know that you can also fold your HANKY?

Paper folding uses creases. Hanky folding though, uses a lot of rolling and knotting and these different techniques create designs that look very different to those made by folding paper. What's more, hanky folding is easier than paper folding – a hanky can't be creased or rolled more than a very few times before it looks like a screwed-up mess, so the models have to be quick and easy to make.

Nobody really knows how hanky folding began. Many designs were probably created by accident – haven't you ever twisted a hanky round your hand, then knotted or rolled it? It isn't difficult to invent new shapes if you do. Other designs were probably invented by chefs who created fancy serviette folds to decorate their restaurant tables and by magicians who sometimes perform silk hanky tricks. Five designs in the book have been invented by the author.

Wherever the art of hanky folding comes from, it is a lot of fun! With a little practice, you will be able

to learn some favourite designs by heart, then amaze or amuse your friends with your new skills. Hanky folding is a great way to show how something special can be made from something very ordinary – especially if you haven't got a cold!

## Which hankies to use

The best hankies are **CLEAN ONES!** Dirty hankies are horrible and no one will like it if you start folding one.

Whenever possible, use big hankies. The biggest are men's hankies. Ladies' hankies are too small for some designs and children's hankies much too small and dainty to be useful, except perhaps for the Puff Parachute. Don't use hankies that are torn or frayed – always use ones in good condition.

A brand new hanky will be quite stiff, so crumple it up and roll it around in your hands to soften it. A washed and heavily ironed hanky may also need softening.

Linen table serviettes or napkins can be used, if they aren't too thick. Four-ply paper napkins (or two-ply napkins folded

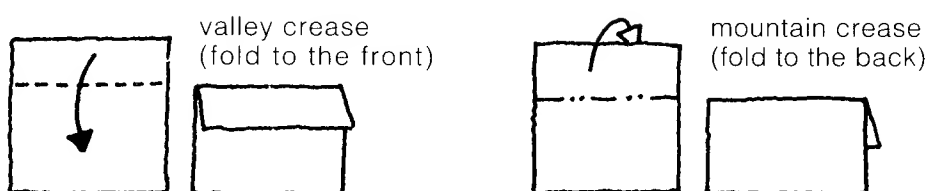
together) are also useable, but they aren't floppy like real hankies and often rip, as would ordinary paper hankies or tissues. Real hankies are always best.

## How to follow the instructions

The drawings use just seven symbols and they are printed across the bottom of every page for easy reference.

Remember, when you are working on the folds or knots of Step 1 of a design, look ahead to the Step 2 drawing to see what the shape is that you are trying to make, then when on Step 2, look ahead to the Step 3 drawing to see what the next shape is going to be . . . and so on. Don't work on any one Step without also looking at the next. If you get stuck, start again from the beginning and read the written instructions very carefully.

The designs with knots (such as the Gumby Hat or Bird) and those where the hanky is turned inside out (such as the Duck or Mouse) aren't quite so easy as the other designs, so take extra care when making them. Always work slowly. Never rush.



# Pirate Patch

*Shiver me hankies, Jim lad, it's an eye patch so simple even a parrot with a wooden leg can make it. This is one of my own designs.*

**1.**

*Fold a hanky in half to make a triangle.*

**2.**

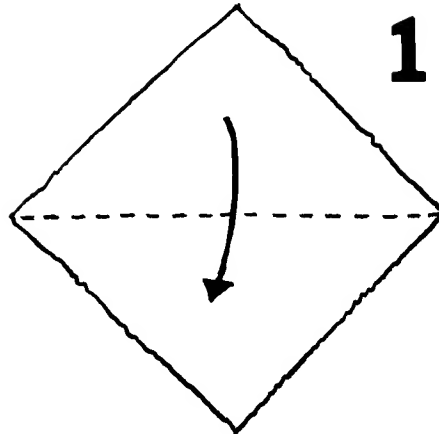
*Roll the long edge of the triangle tightly towards the opposite corner.*

**3.**

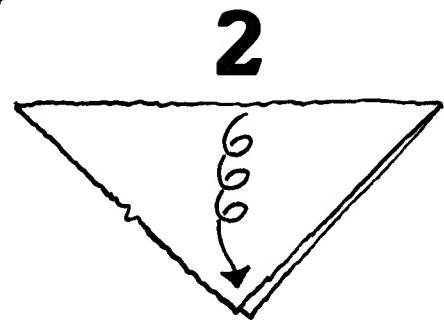
*Stop rolling just before the corner.*

**4.**

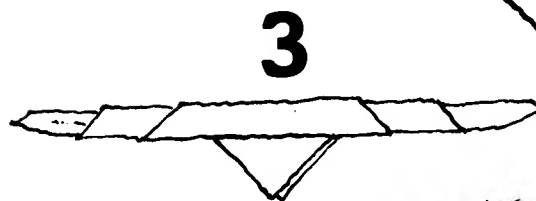
*Place the triangular patch over an eye so that the roll is to the front. Tie a double knot at the back of your head to hold it in place.*



**1**



**2**



**3**



turn inside out

roll over and over



pull or push



knot



turn over

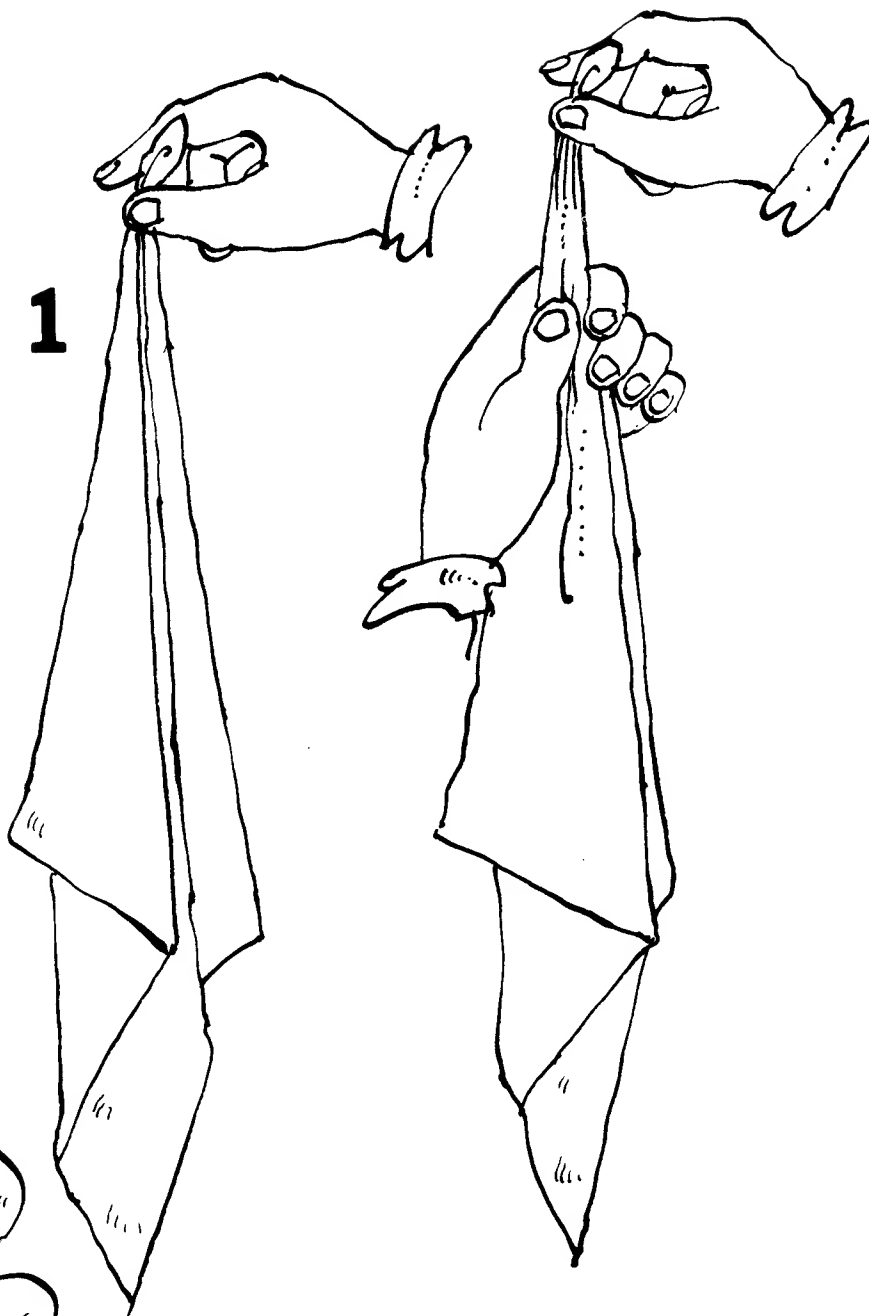
3

# Anti-Gravity

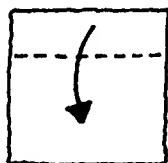
2

*Ever seen a hanky stand on its end? You soon will! This amazing trick is easy to do, but you must remember to squeeze very hard in Steps 2 and 3. What's the tallest you can make your hanky stand?*

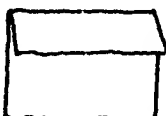
1



4

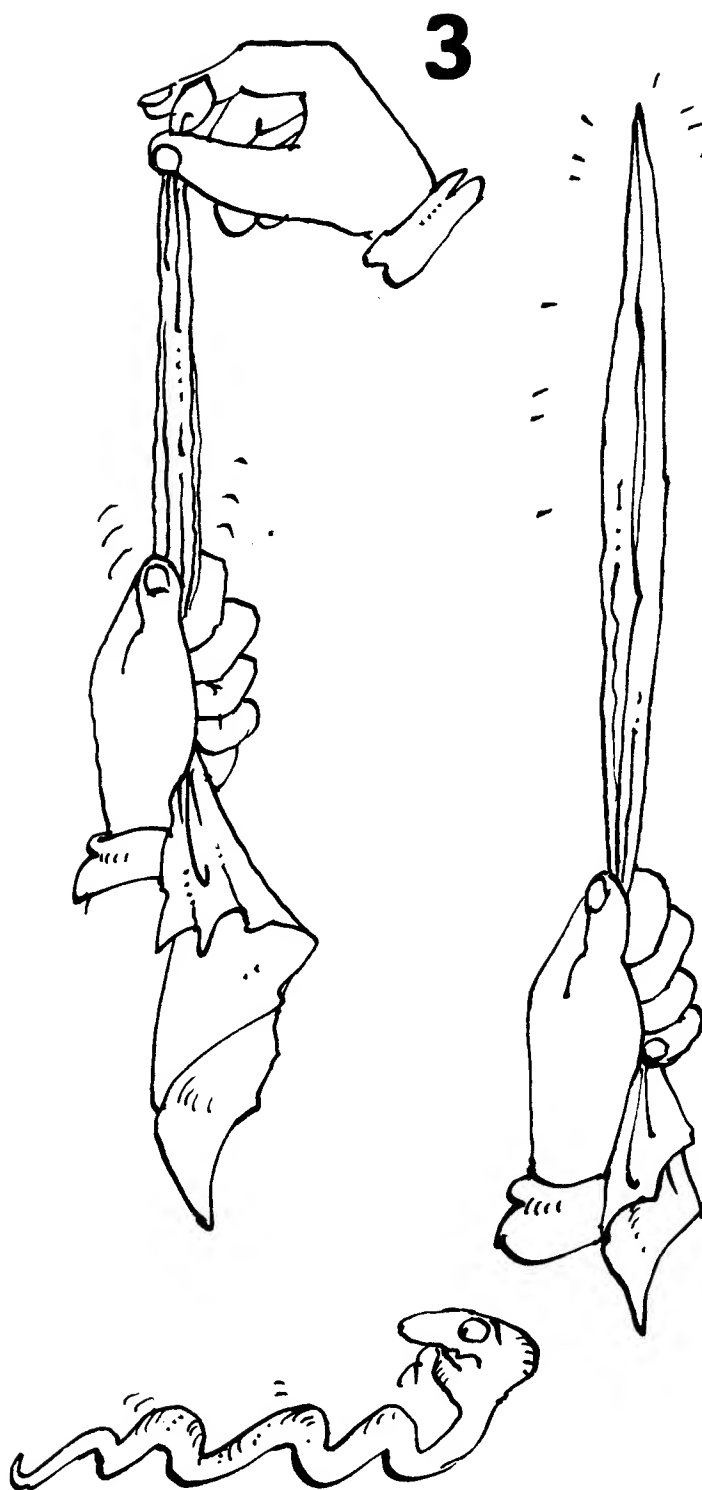


valley crease  
(fold to the front)



mountain crease  
(fold to the back)





**3**

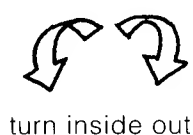
**4**

**1.**  
Hold an unfolded hanky by a corner. Flap it about in the air to help the folds drape neatly.

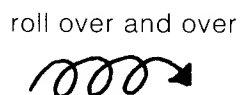
**2.**  
Hold the corner tightly between finger and thumb. Grip the hanky in your other hand as shown, squeezing very tightly. Run your hand down the hanky . . .

**3.**  
. . . like this, squeezing very hard all the time. Stop when you get to the thickest part of the hanky. Take your hand away and repeat Steps 2 and 3, continuing to stroke and squeeze very hard, trying to make the hanky as stiff and narrow as possible. Repeat four or five times, then take away the hand holding the top corner.

**4.**  
The hanky will defy gravity and stand upright! If it falls over, repeat Steps 2 and 3 a few more times, remembering to squeeze as tightly as you can to strengthen the creases. With practice, you will be able to hold the hanky further and further towards the bottom, so that more and more of it can stand unsupported. The trick is particularly effective with large hankies, but easier with smaller ones.



turn inside out



roll over and over



pull or push



knot



turn over



# Puff Parachute

*In this fun idea, it's easy enough to blow a hanky into the air, but trickier to land it on the back of your head. Try it and see! Use a small hanky, or even a paper tissue. Large hankies are too heavy and will not blow very far.*

**1.**

*Open up a hanky or paper tissue so that it is completely unfolded. Bend your head backwards, then place the hanky over your face, so that your mouth is under the middle of the hanky.*

**2.**

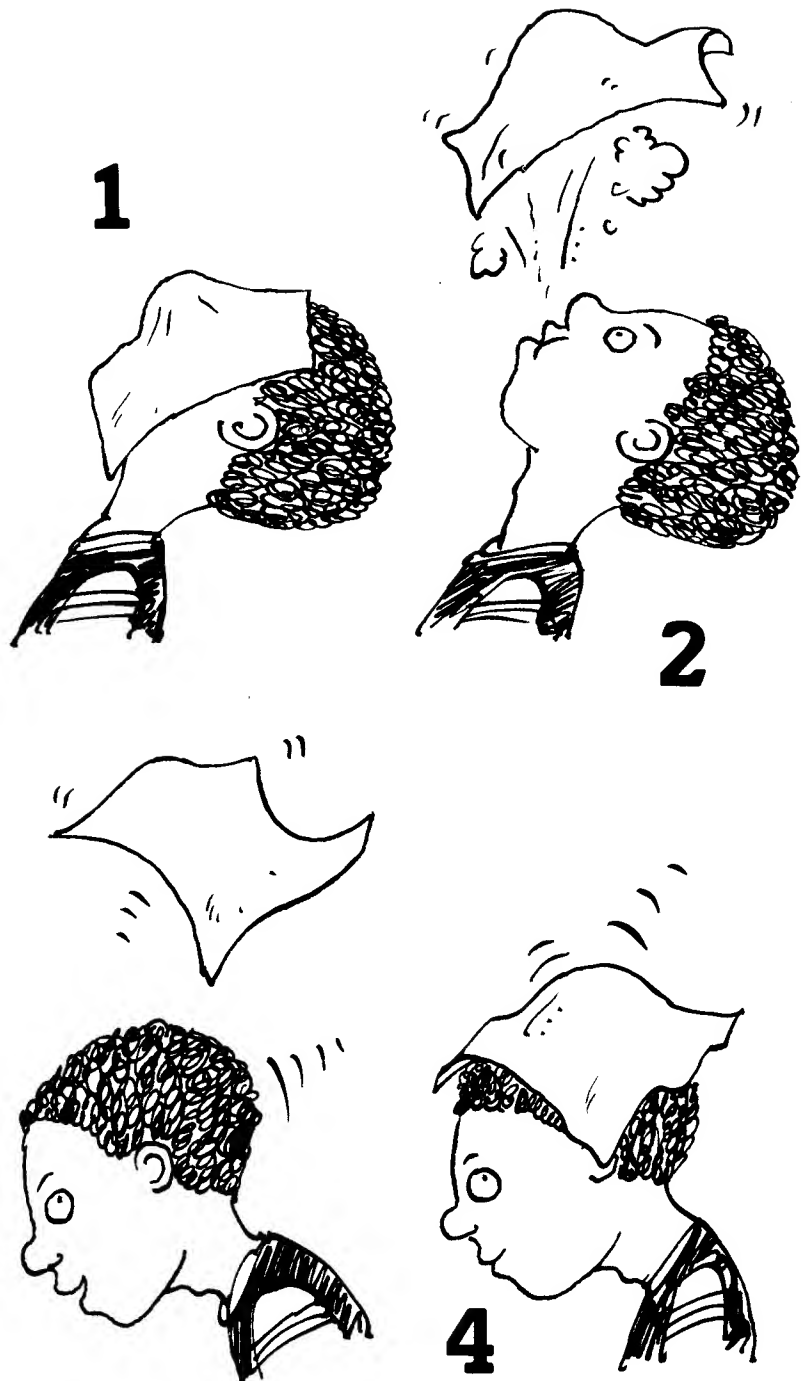
*Blow very hard and the hanky will shoot up into the air! Remember, the lighter the hanky (or paper tissue) and the bigger your puff, the higher it will go.*

**3.**

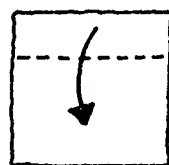
*Quickly bend forwards whilst the hanky is up in the air and try . . .*

**4.**

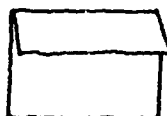
*. . . to land it on the back of your head!*



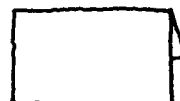
6



valley crease  
(fold to the front)



mountain crease  
(fold to the back)



# The Puff Parachute Party Game

*This game is great fun and very chaotic!*

*Two or more teams line up, each person with a hanky or paper tissue. At a given signal, everyone blows at once and tries to land their own hanky back on their head. The winning team is the one with the most bull's-eyes. The game can be played over a number of rounds and the scores added up. Appoint someone to be referee and to keep score!*



turn inside out

roll over and over



pull or push



knot

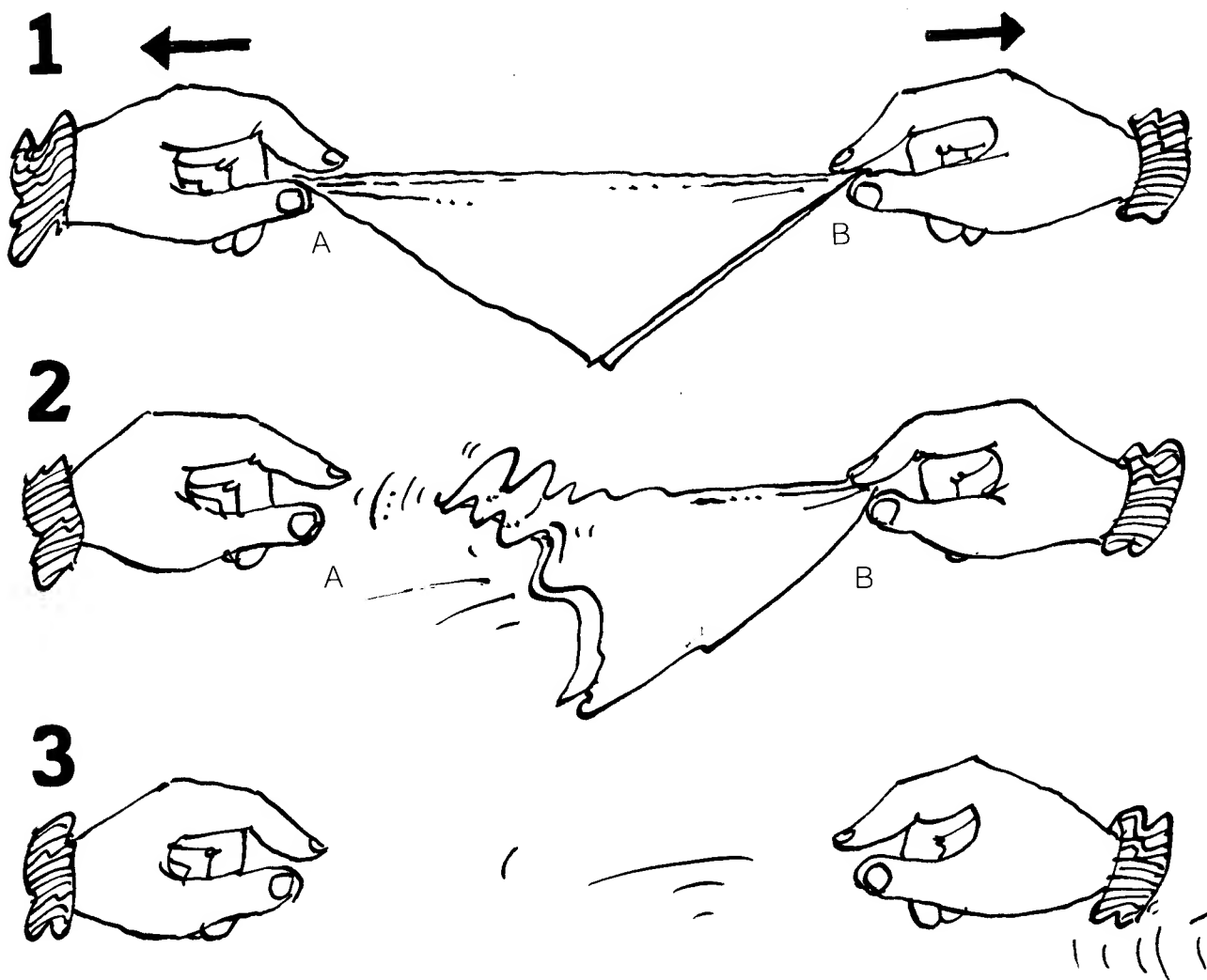
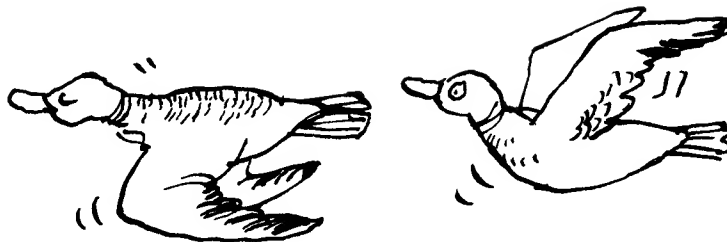


turn over

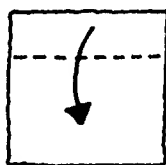


# Flying Hanky

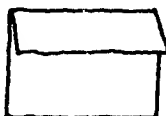
*There's a definite knack to catching this flying hanky. However, with a little practice you should be able to do it every time. Make sure that your hanky isn't too stiff – a floppy, crumpled hanky is best.*



8

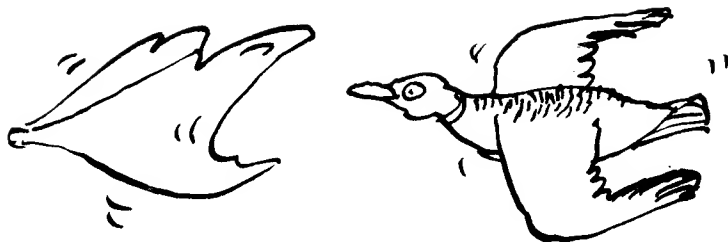


valley crease  
(fold to the front)



mountain crease  
(fold to the back)





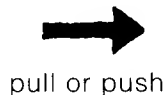
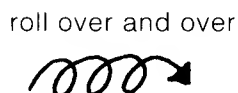
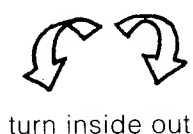
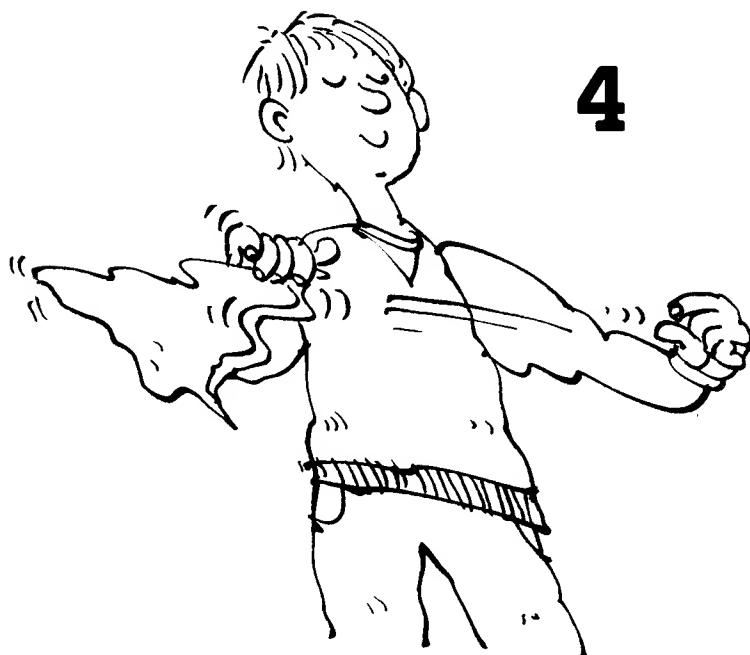
**1.**  
Hold opposite corners of a hanky (A & B) and pull hard.

**2.**  
This bit takes a little practice. Let go of corner A, which will then spring towards B. Then . . .

**3.**  
. . . just a fraction of a second later, let go of B as well. The hanky will fly very quickly past your right hand! In fact it will fly quite a long way, unless . . .

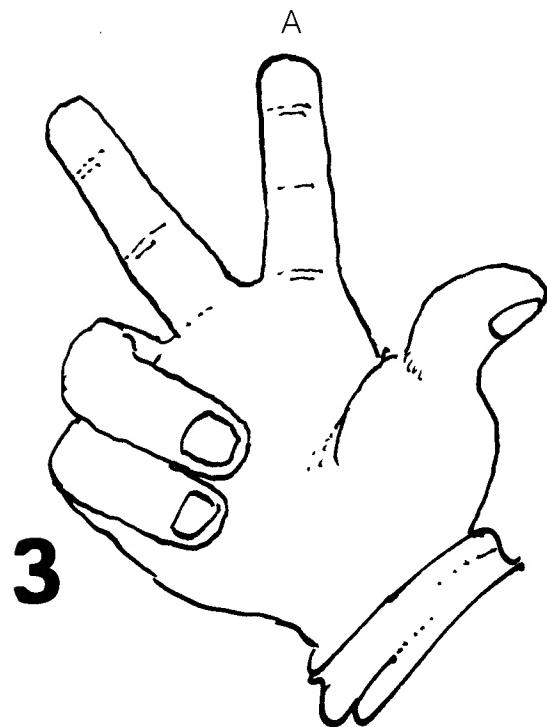
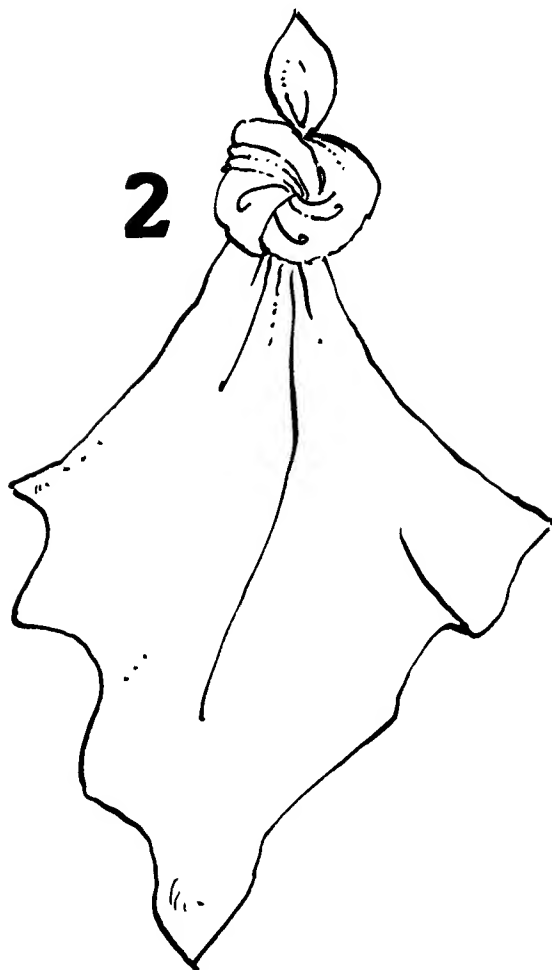
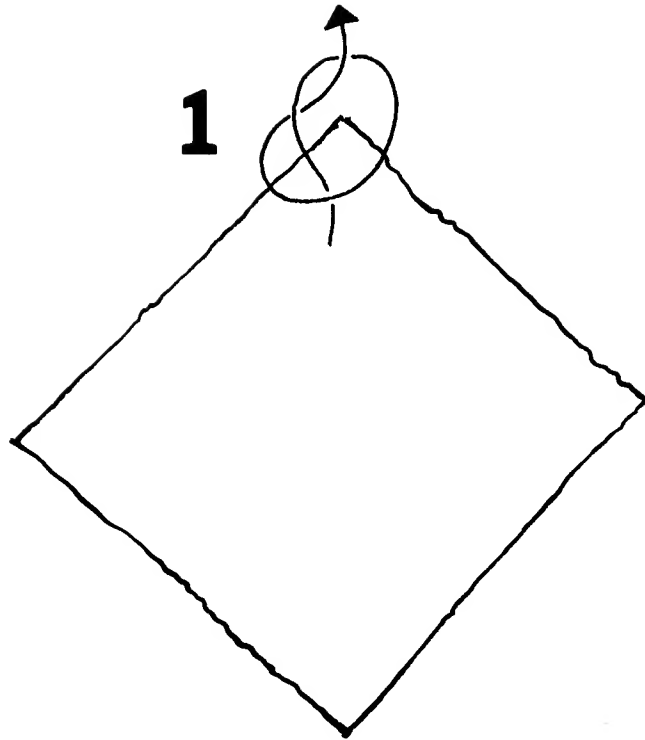
**4.**  
. . . you casually catch hold of corner A!

The trick is a particularly good one because the hanky appears to fling itself sideways for no reason that anyone can see, and then you're clever enough to reach out and calmly catch the trailing corner as it whizzes past. The knack is to let go of B at just the right moment after having let go of A. Sometimes you can get it completely wrong and the hanky flies off in the opposite direction, or you let go of both corners at the same time and the hanky drops straight to the floor. A little practice though, and the effect is easy to perform.

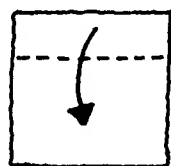


# Ghost

*This is the simplest of quite a few puppets that can be made by knotting a hanky – the Ballerina and Knotted Puppet are two others. See if you can create arms and legs by tying extra knots, or perhaps try to make an American Indian. The top of the head looks very much like a feather.*



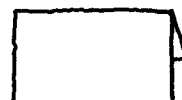
10



valley crease  
(fold to the front)



mountain crease  
(fold to the back)





**1.**

Tie a knot in the corner of a hanky . . .

**2.**

. . . like this. Don't tie it too tight or make it too small.

**3.**

Hold your hand as shown – thumb, first and middle fingers spread out, third and little fingers tucked in. Note finger A.

**4.**

Push finger A right up into the knot and wedge it tight. Arrange the hanky so that the bottom corner falls to the front and so that your thumb and middle finger make good arms. You can sometimes grip the hanky to your palm with your third and little fingers, which gives a better 'body' shape to the ghost, but this depends on the size of the hanky. It needs to be large.

Practise moving the head, arms and body in slow, shivery, ghostly ways, making scary noises all the time. A good effect is to use a white hanky and to wear a black shirt or pullover, then shine a torch on the ghost in a darkened room. Your black clothing will not be seen and the ghost will appear to float through the air by itself!



turn inside out

roll over and over



pull or push



knot



turn over

# Gumby Hat

For those who need a smart, stylish, fashionable hat to wear on the beach when the hot summer sun is beating down . . . here is a hanky design to avoid! It's good fun though, practical and simple to make. Use a large hanky.

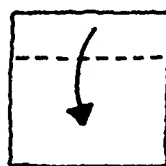
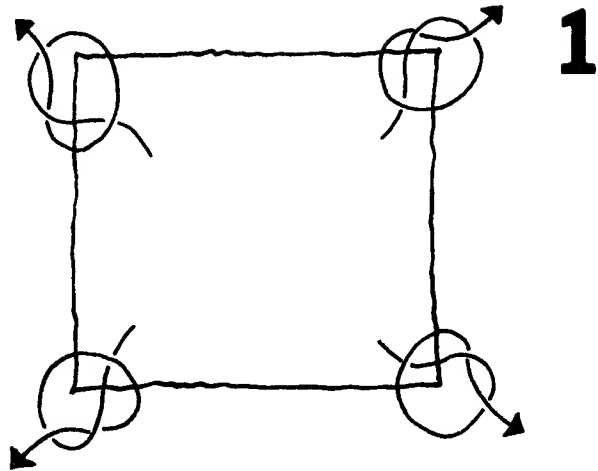
**1.**

Tie a knot in each corner of a hanky.

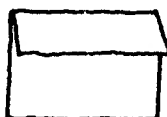
**2.**

Then wear it! If the knots are too big, the hat will be very small and may not fit you, so untie them and make them smaller.

You can try the same idea, but with a large headsquare instead of a hanky. Tie a knot in each corner as before, then tie a knot inbetween each of these knots, making eight in all. The hat should still be big enough to wear and the eight knots will create a very decorative effect, even more so if the headsquare is attractively patterned. At last, a Gumby Hat that is stylish!



valley crease  
(fold to the front)



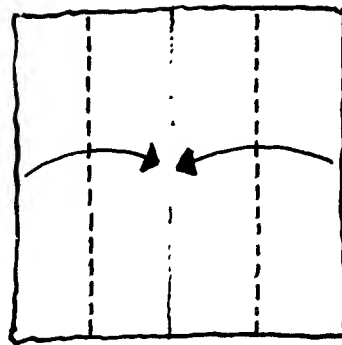
mountain crease  
(fold to the back)



# Bonnet

Use a small or medium-sized hanky to make this design. This is the first design in the book that you have to turn inside out, so do it carefully. It's a very satisfying technique and fun to do. This is one of my own designs.

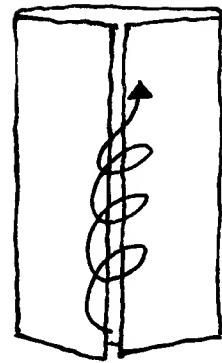
**1.**  
Fold the sides into the middle.



**1**

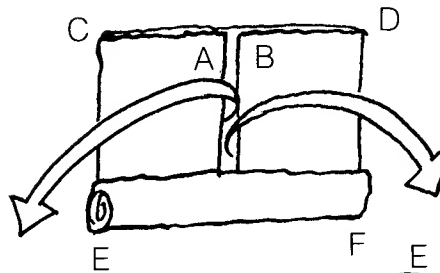
**2.**  
Starting at the bottom edge, roll the hanky up towards the top. Stop rolling half way up.

**2**



**3.**  
Hold the roll in place and turn ABCD inside out, so that they drop below EF . . .

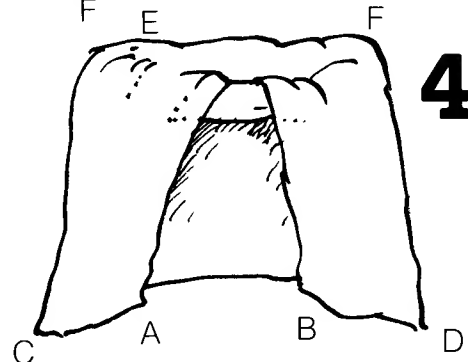
**3**



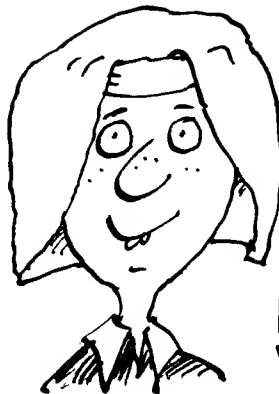
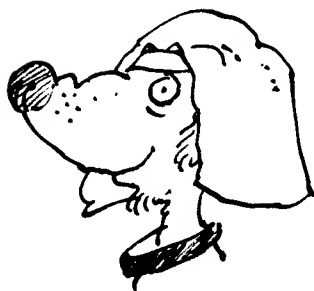
**4.**  
. . . like this. The roll disappears up inside the hanky and is trapped tightly in place.

**5.**  
Wear the bonnet with EF at the front.

**4**

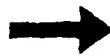


**5**



turn inside out

roll over and over



pull or push



knot

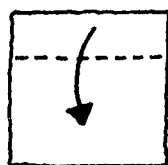
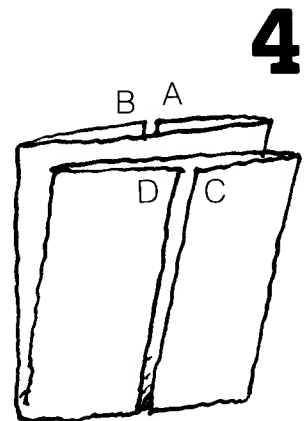
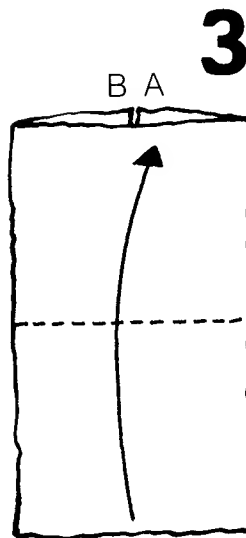
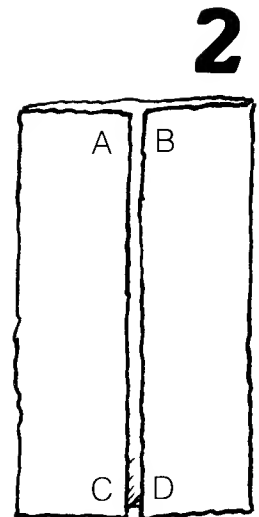
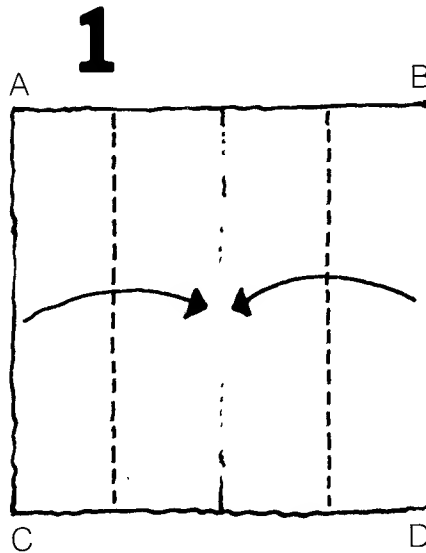


turn over

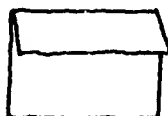
# Bikini Top and Mouse Ears

*Of all the designs in the book, these two are my favourites. They are quick and easy to make, funny and the ears look very good on someone's head. With hair grips, they should stay in place all day!*

- 1.**  
Fold the sides into the middle.
- 2.**  
Note ABCD. Turn over, carefully.
- 3.**  
Fold the bottom edge up to the top.
- 4.**  
Note BA at the back and DC at the front.



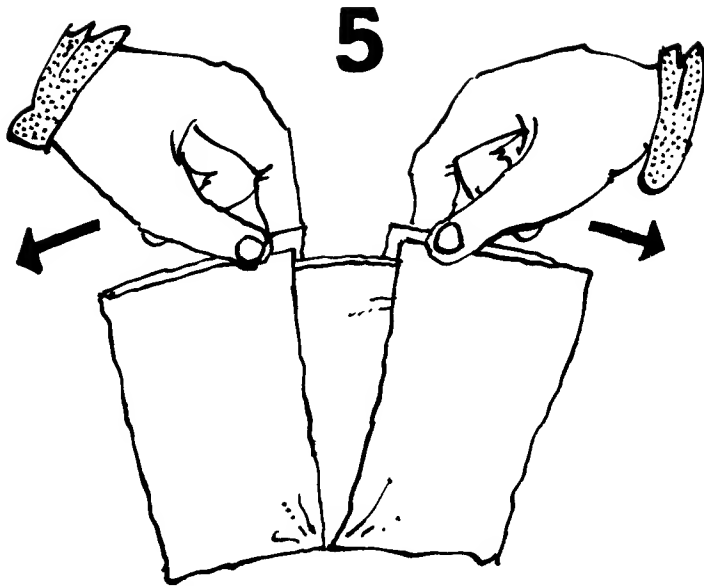
valley crease  
(fold to the front)



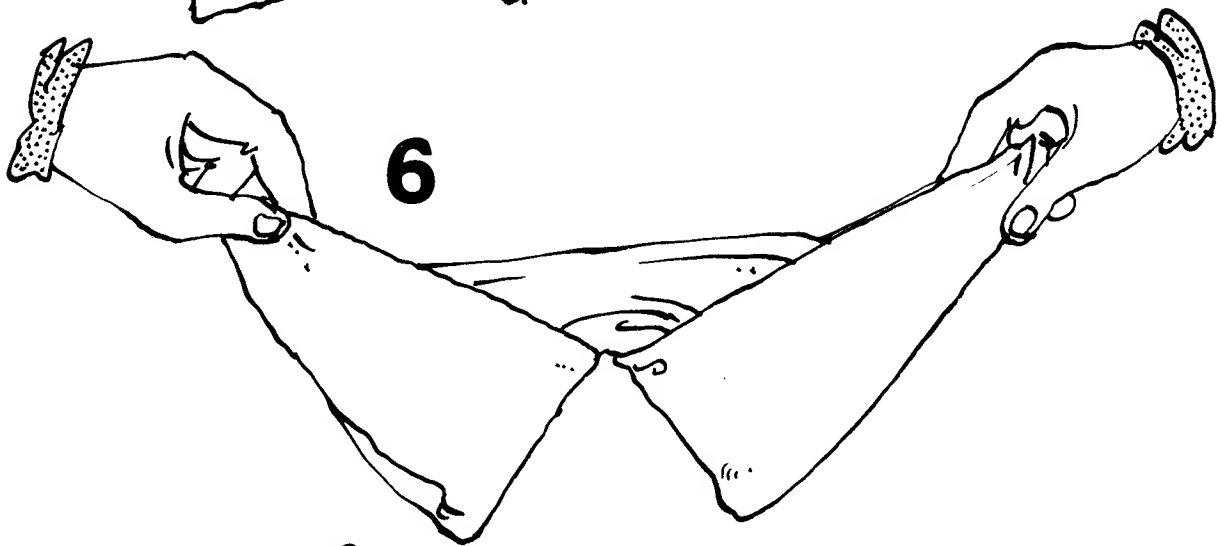
mountain crease  
(fold to the back)







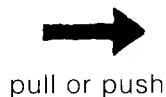
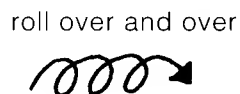
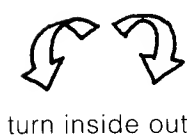
**5.** Carefully hold just corners B & D between your left hand finger and thumb and just corners A & C between your right hand finger and thumb. Do not hold the two layers between the corners. Pick the hanky up from the table. Shake it, moving your hands slowly apart and keeping tight hold of the corners. Separate your hands as far as possible, to make . . .



**6.** . . . the BIKINI TOP! Keep tight hold of the corners, then turn the whole thing upside down and place it across the top of your head, to make . . .



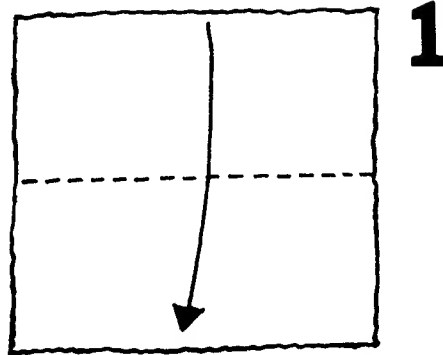
**7.** . . . the MOUSE EARS! When you let go, the ears will stay in place.



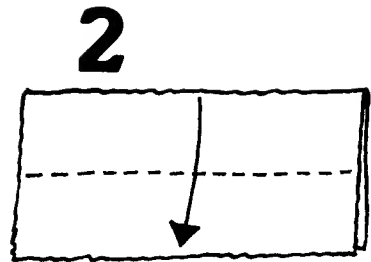
# Fairy Boots

*These boots were first designed to be made from linen table serviettes. If you have an old book which shows how to make different serviette or napkin folds, you might find them in there.*

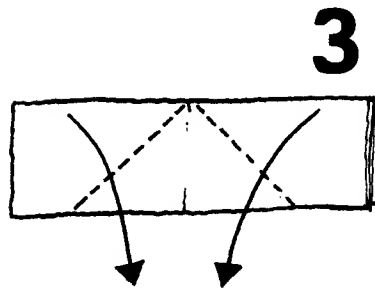
- 1.**  
*Fold in half, top to bottom.*
- 2.**  
*Fold in half again.*
- 3.**  
*Fold in each half of the top edge to lie down the centre crease.*
- 4.**  
*Fold in the sloping sides again, just like making the pointed nose on a paper aeroplane. Keep everything neat.*
- 5.**  
*Fold the left side across to lie on top of the right side.*
- 6.**  
*Note A & B. Twist A back through the middle, so that it sticks out to the left . . .*
- 7.**  
*. . . like this. Turn the boot around to look like Step 8.*
- 8.**  
*Fold B across, tucking it under the sloping edge to hold it firmly in place.*



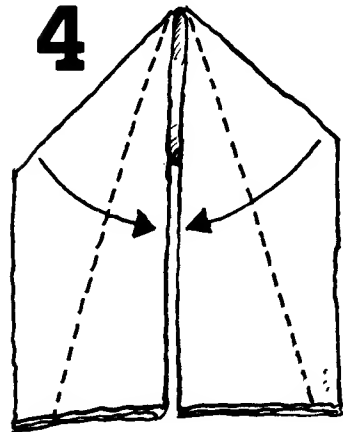
**1**



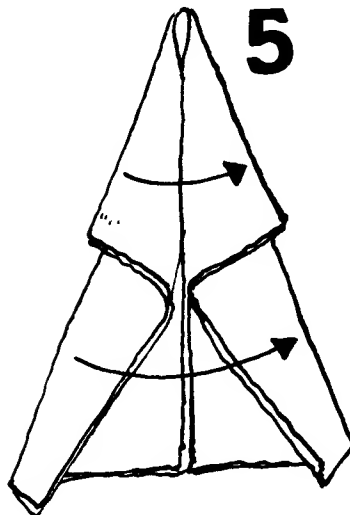
**2**



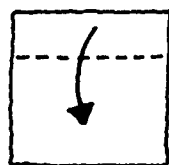
**3**



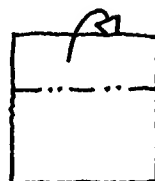
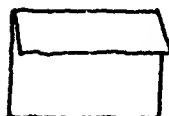
**4**



**5**

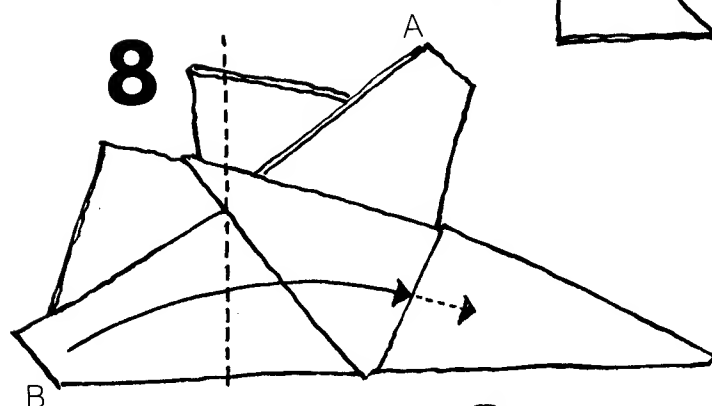
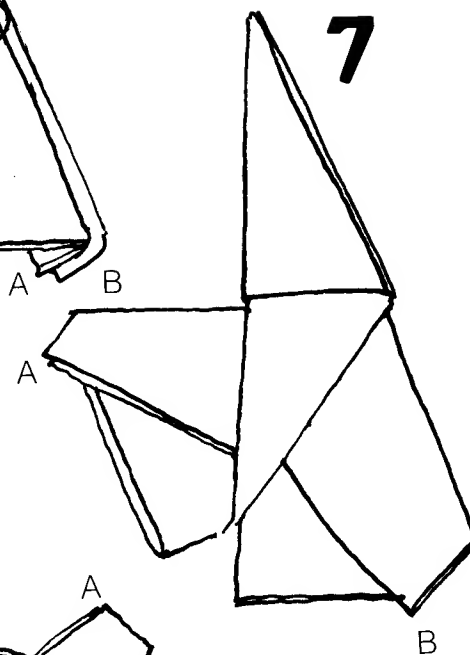
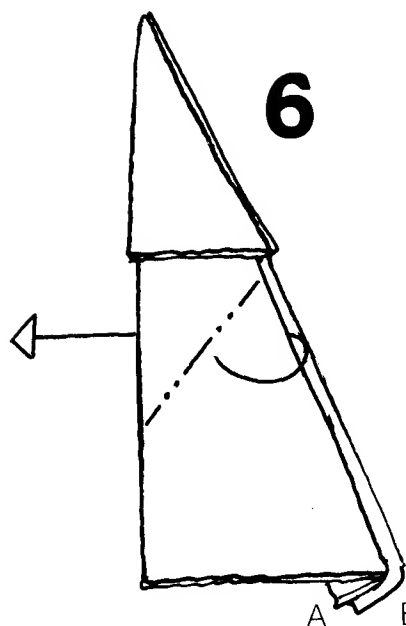


valley crease  
(fold to the front)



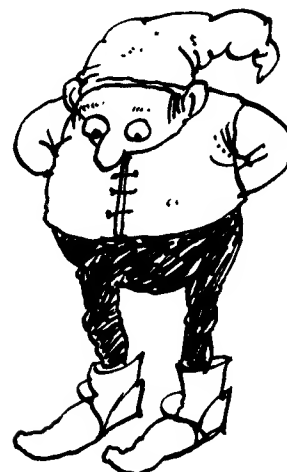
mountain crease  
(fold to the back)





**9.**

*The completed Fairy Boot. To make a matching pair, fold an identical hanky, but this time twist B through the middle at Step 6 (not A, as you did before) and then tuck A under the sloping edge at Step 8 (not B, as you did before). This will make left and right boots – not many fairies have two left feet!*



turn inside out

roll over and over

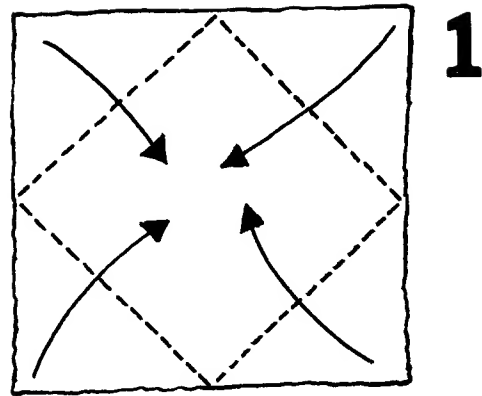
pull or push

knot

turn over

# Flower

*If you are lucky enough to know someone with a silk headsquare as small as a hanky, the flower can become a banana that unpeels itself! The skin unpeels itself at Step 5. Only silk will work though – cotton sticks too much to unpeel.*

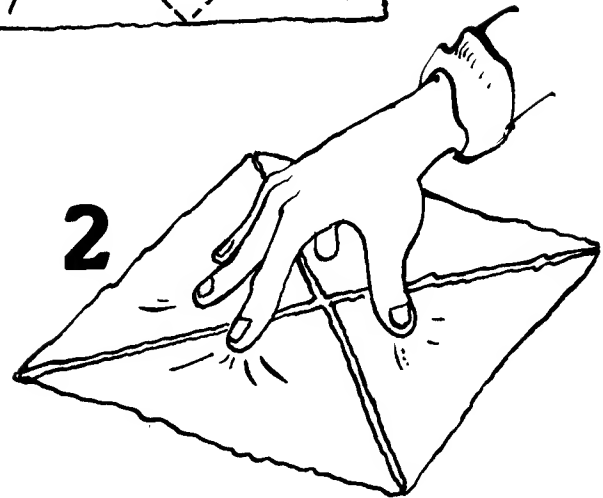


**1**

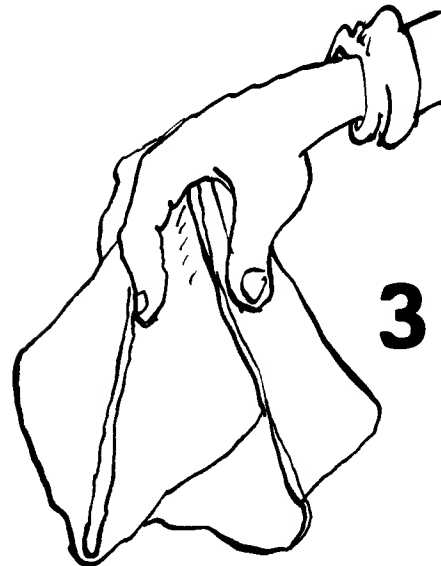
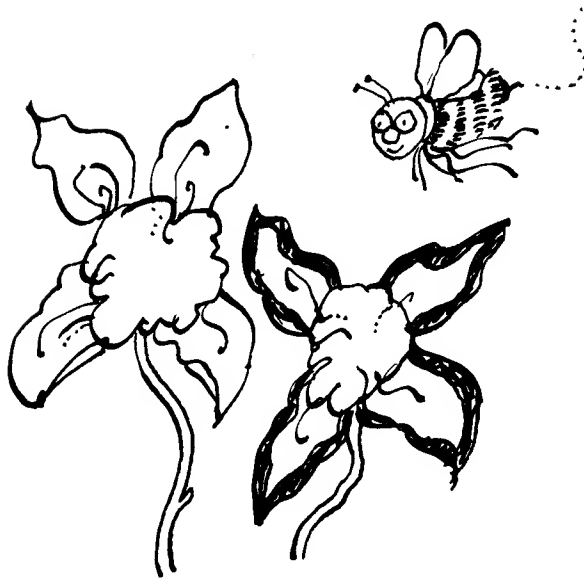
**1.**  
Fold the corners into the middle.

**2.**  
With one hand carefully grasp the four corners of the hanky and the layer beneath them, then lift the hanky up into the air . . .

**3.**  
. . . like this. Arrange the corners so that they are regularly spaced around the hanky.

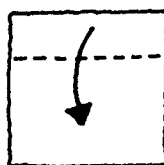


**2**

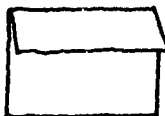


**3**

18

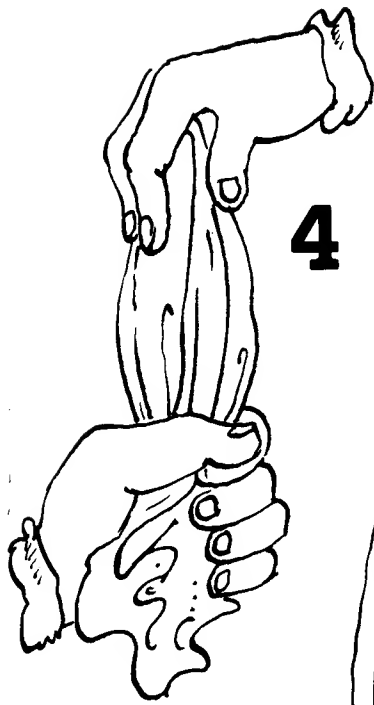


valley crease  
(fold to the front)



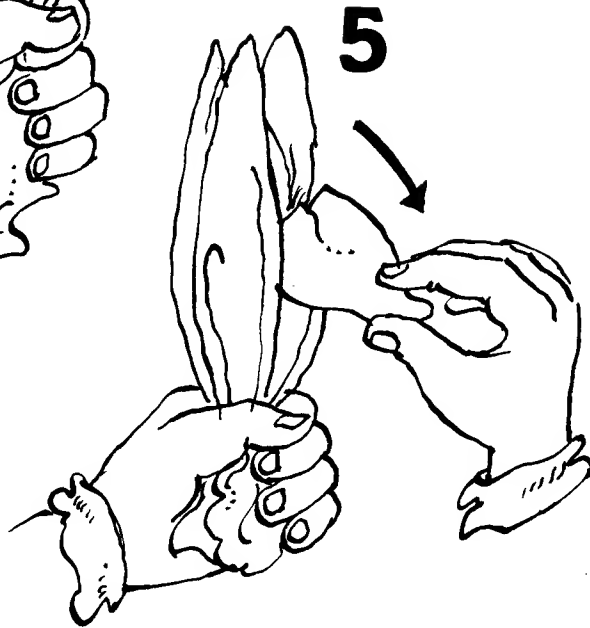
mountain crease  
(fold to the back)





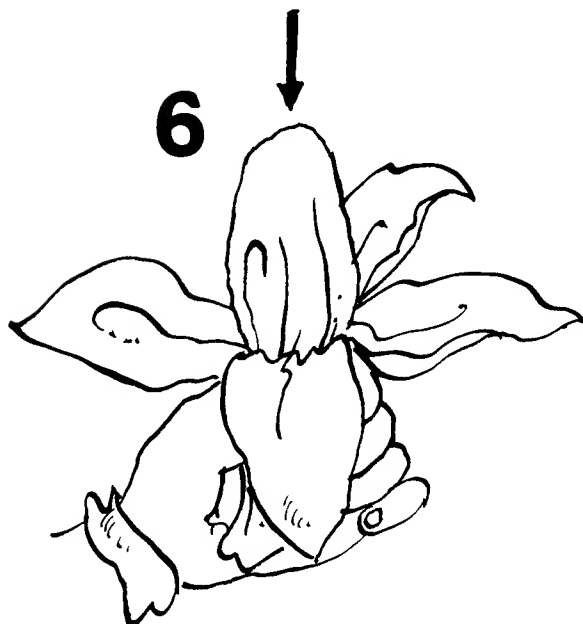
**4**

**4.** With your other hand, pull the layers together at the bottom of the hanky. Take hold of one of the corners . . .



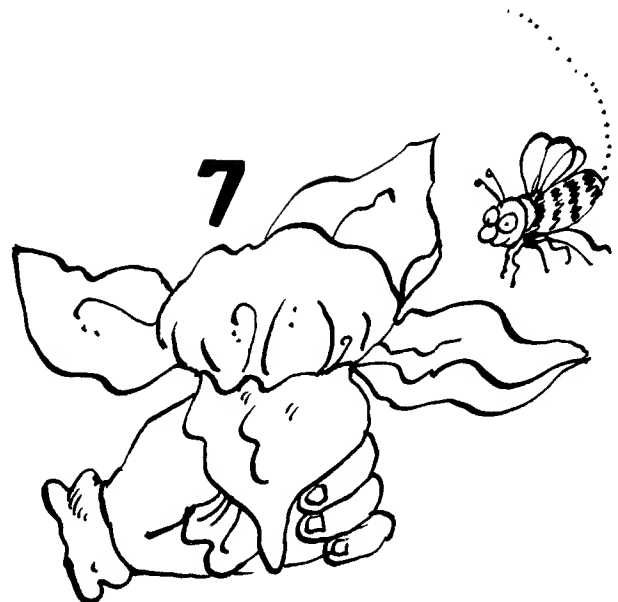
**5**

**5.** . . . and pull it away from the middle as far out as it will go.



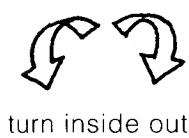
**6**

**6.** Repeat with the other three corners. Squash the central peak flat, keeping everything as neat as possible.

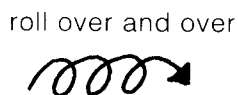


**7**

**7.** The Flower complete. Mmmmm . . . what a beautiful smell!



turn inside out



roll over and over



pull or push



knot

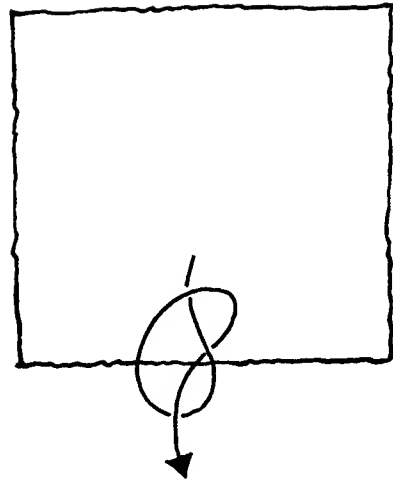


turn over

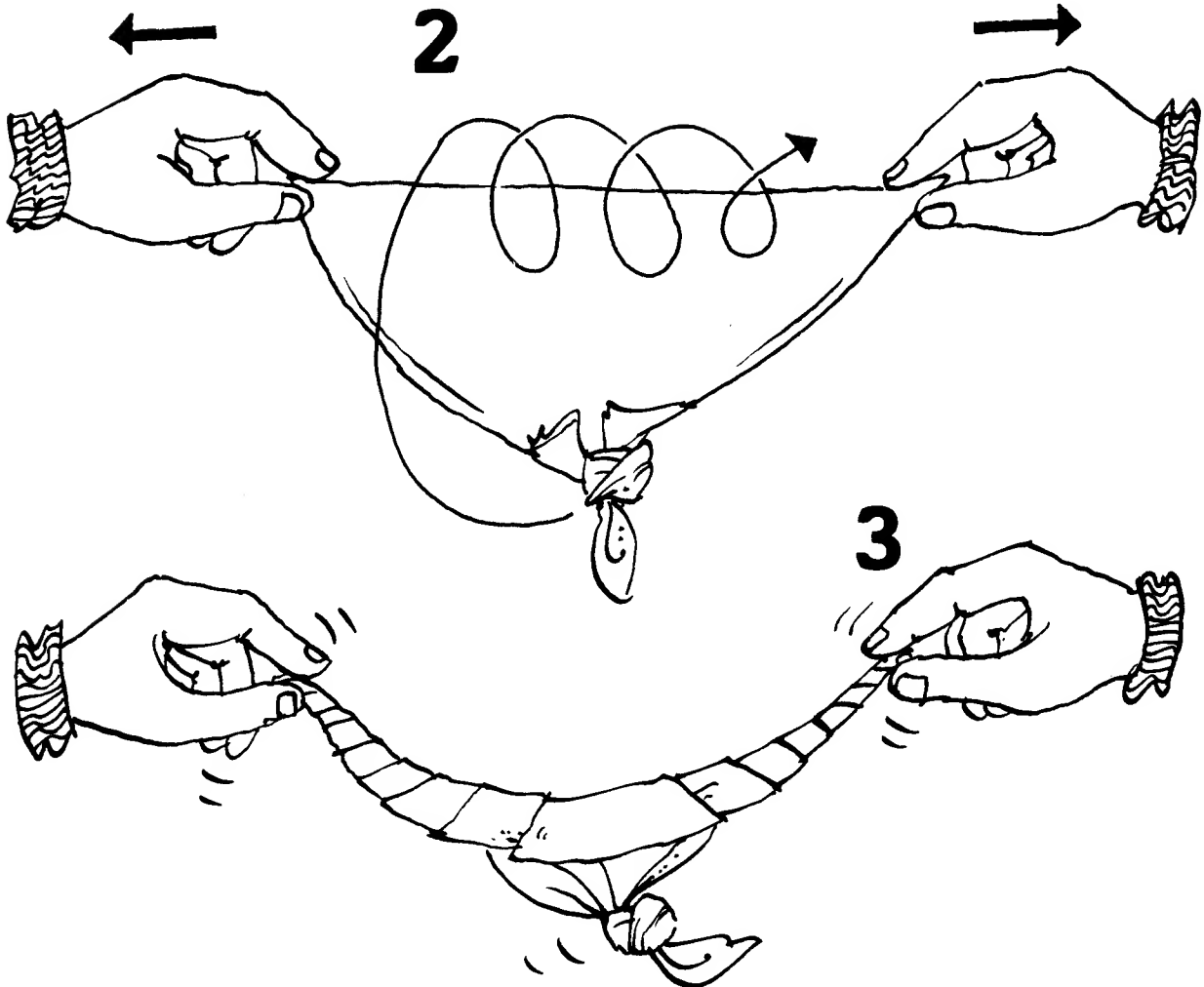
# Ballerina

*Another knotted puppet similar to the Ghost, but with a difference . . . she pirouettes! The secret is to wind up the legs very tightly at Step 2, then pull upwards with some force at Step 5.*

**1**



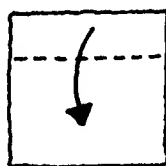
**2**



**3**



20



valley crease  
(fold to the front)



mountain crease  
(fold to the back)



**1.**  
Make a knot in the middle of the bottom edge.

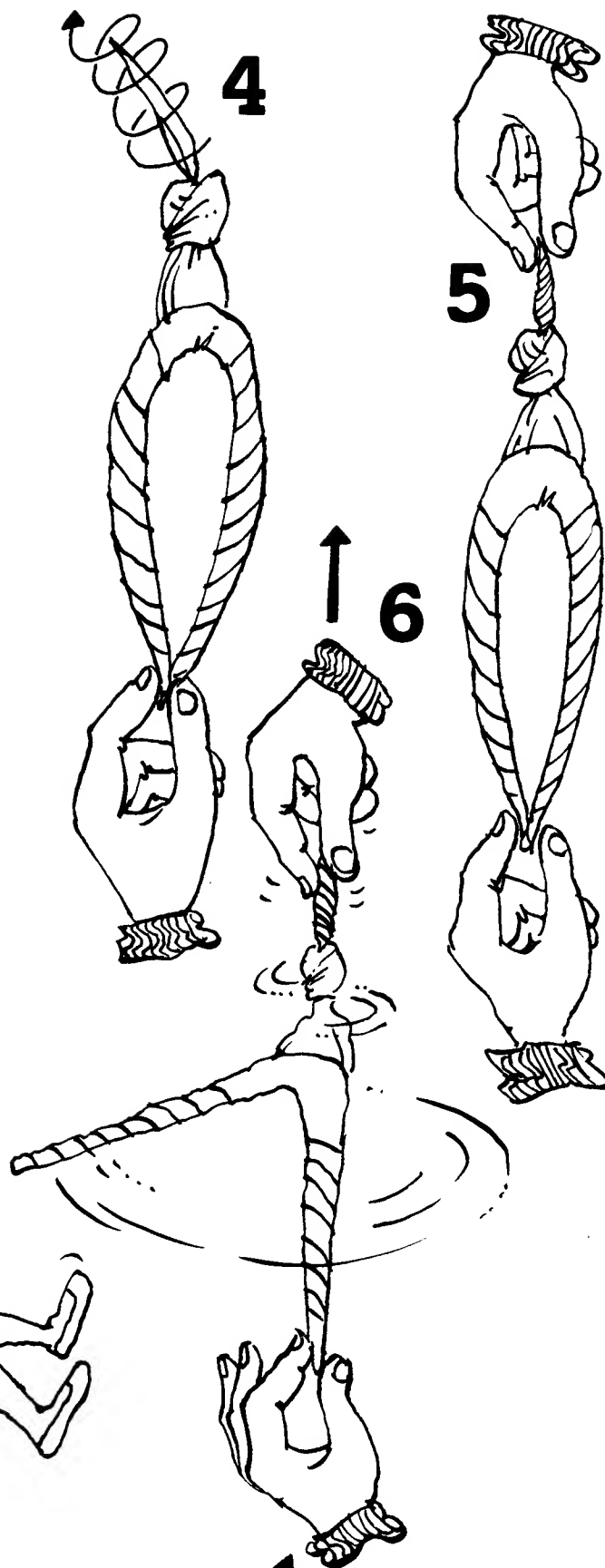
**2.**  
Hold the top corners firmly and pull the top edge very tight. Rapidly move your hands in small circles and the knot will swing round and round the top edge . . .

**3.**  
. . . to wind up the hanky like this. Make as many twists as the hanky can take. Hold the top corners in one hand and turn the hanky upside down.

**4.**  
Twist up the loose corner with your free hand.

**5.**  
Hold the Ballerina as shown. Invent a little dance for her to perform, before . . .

**6.**  
. . . letting go of one of her legs. Pull upwards with your top hand to help the twists unwind, and she will gracefully pirouette! This is a terrific effect which will create a dramatic and impressive end to her dance.



turn inside out

roll over and over

pull or push

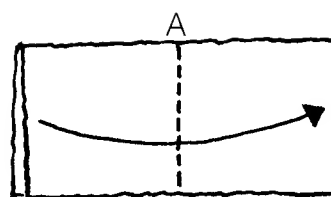
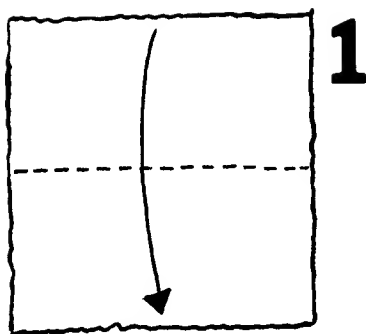
knot

turn over



# Duck

*This is one of my own designs, developed from the simple sling shape seen at Step 5. Be careful with the head. If it isn't made correctly, the bill can be at the back, not the front. Kcauq!!*

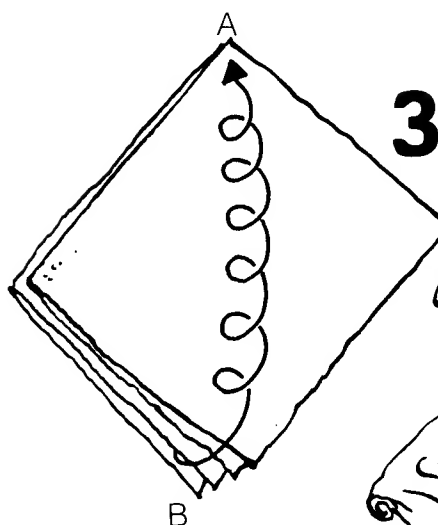


**2**

**1.**  
Fold the top edge down to the bottom.

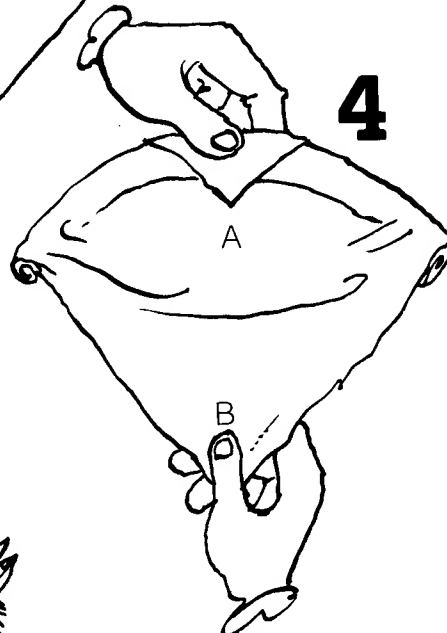
**2.**  
Fold the right edge over to the left.

**3.**  
Turn the square so that all the loose corners are at the bottom. Tightly roll three of the layers up towards A, leaving the fourth layer (B) flat on the table. Near A, the ends of the roll will dig into the sides of the square. Ignore this and continue rolling right to the very top at A.



**3**

**4.**  
Hold A tight against the roll and tug B smartly downwards. This will turn the roll inside out, and form a horseshoe rim around the edge . . .

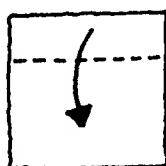
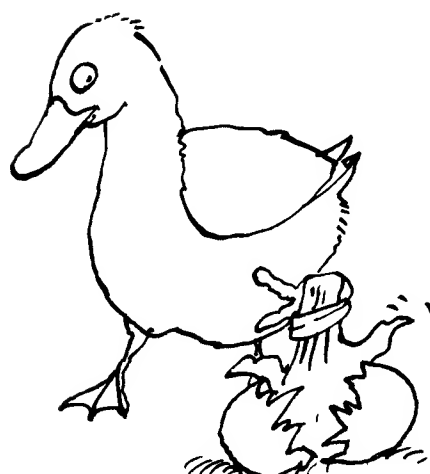


**4**

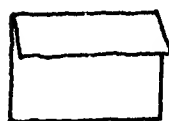
**5.**  
. . . like this. Turn over.

**6.**  
Fold B over towards A.

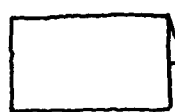
**7.**  
Fold B in half.

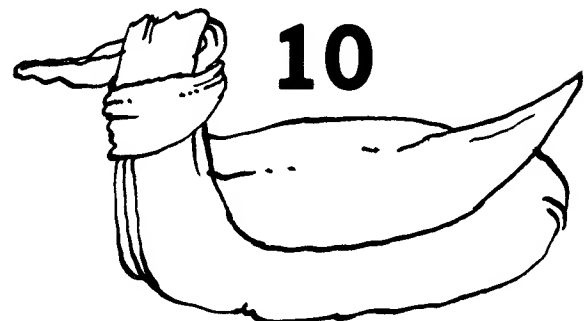
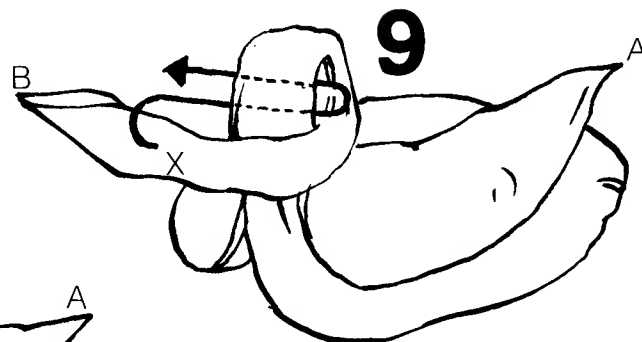
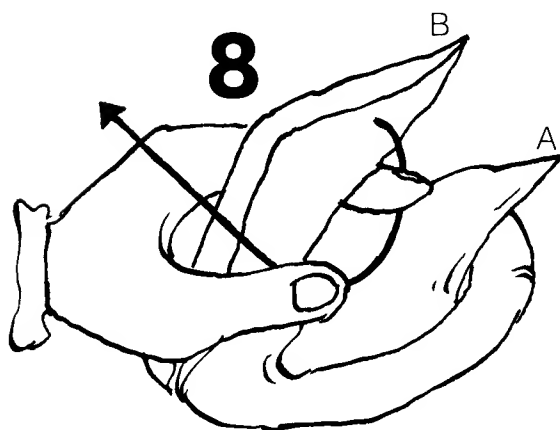
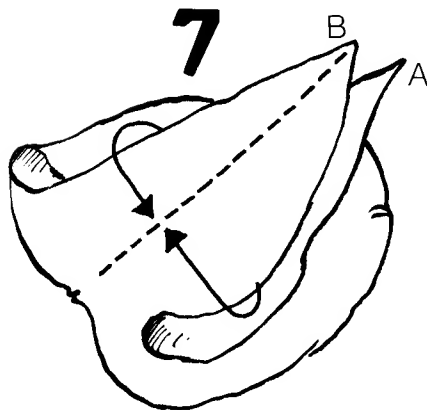
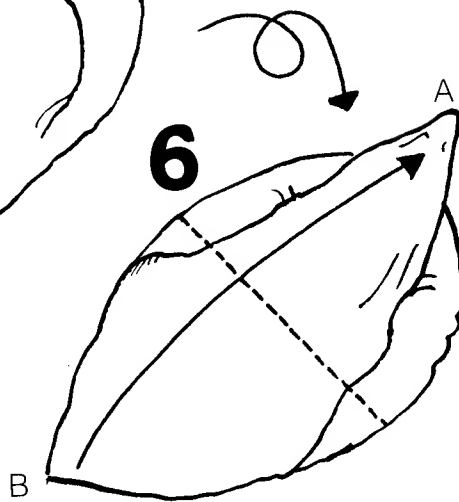
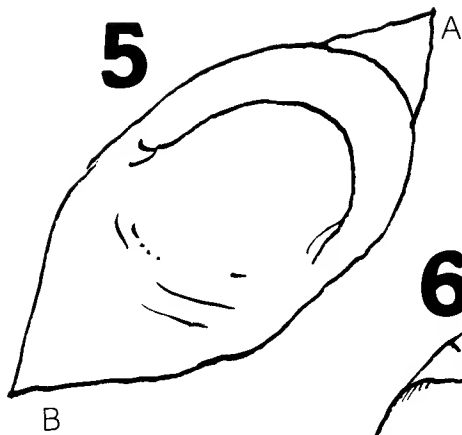


valley crease  
(fold to the front)



mountain crease  
(fold to the back)





**8.**  
Hold carefully as shown  
and wrap B tightly around  
your finger.

**9.**  
Remove your finger from  
the loop, then tuck the spot  
marked X firmly into the  
loop, doubling B back out,  
so that it still points to the  
left as the duck's bill . . .

**10.**  
. . . like this. If the bill is  
pulled, the head will unknot  
itself. Be careful to hold  
your finger at the correct  
angle in Step 8 to form the  
loop, or the duck might  
have his bill pointing out to  
the side or even backwards,  
instead of to the front!



turn inside out

roll over and over



pull or push



knot



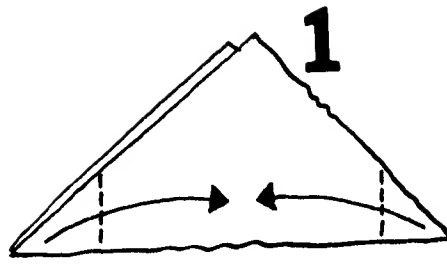
turn over

# Mouse

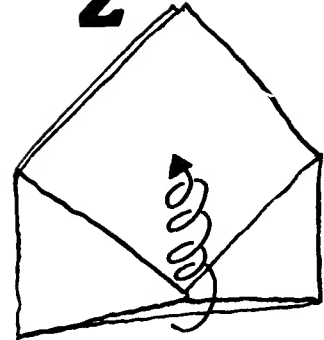
Of all hanky folds, this is perhaps the best-known and also the most complicated. Follow the instructions very carefully, particularly between Steps 6 and 9. The Cracker and Soft Ball that follow are variations.

**1.**

Begin with a hanky folded in half to form a triangle. Fold in the bottom corners to meet in the middle of the bottom edge.



**2**

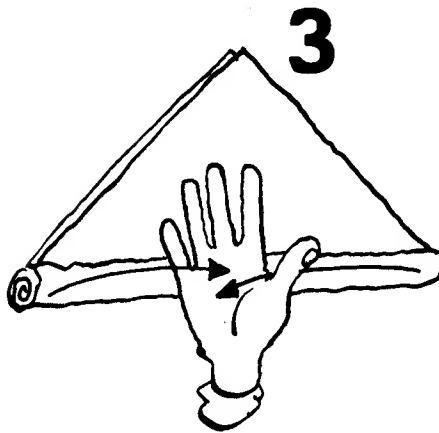


**2.**

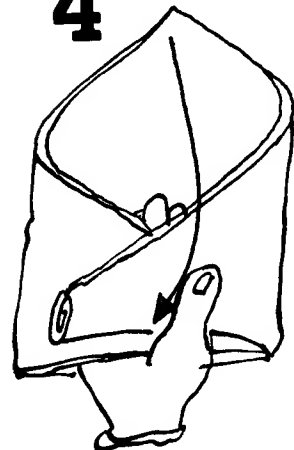
Roll up the bottom edge as far as the top of the side triangles.

**3.**

Press the roll flat as shown, palm side up. Fold in the left side, then the right side, tucking it under your thumb.



**4**

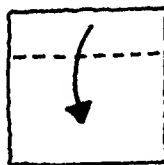
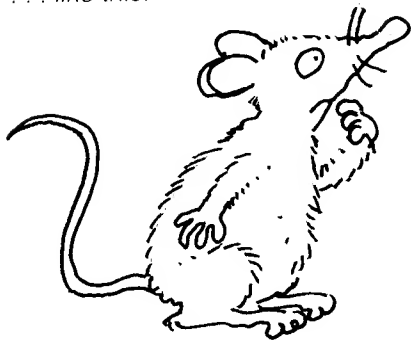
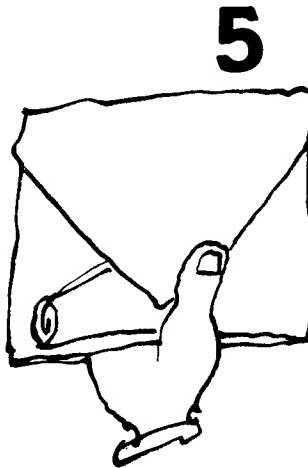


**4.**

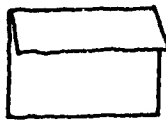
Hold everything flat with your thumb. Fold down the top edge, also tucking it under your thumb . . .

**5.**

. . . like this.

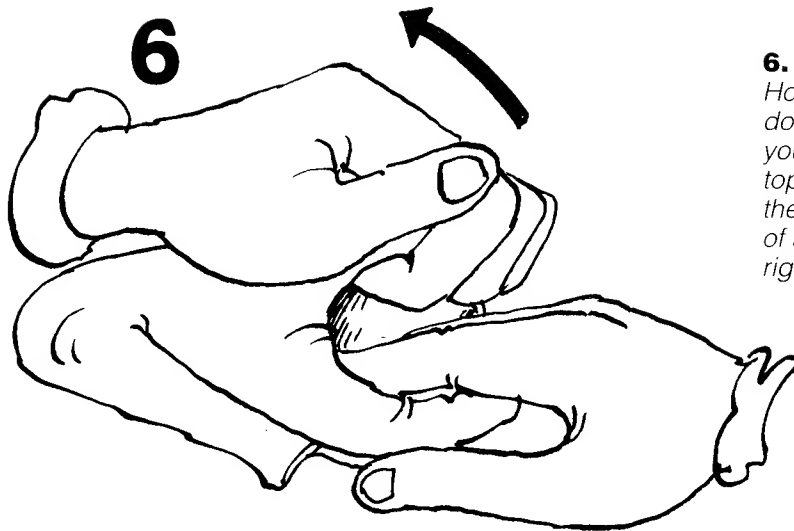


valley crease  
(fold to the front)

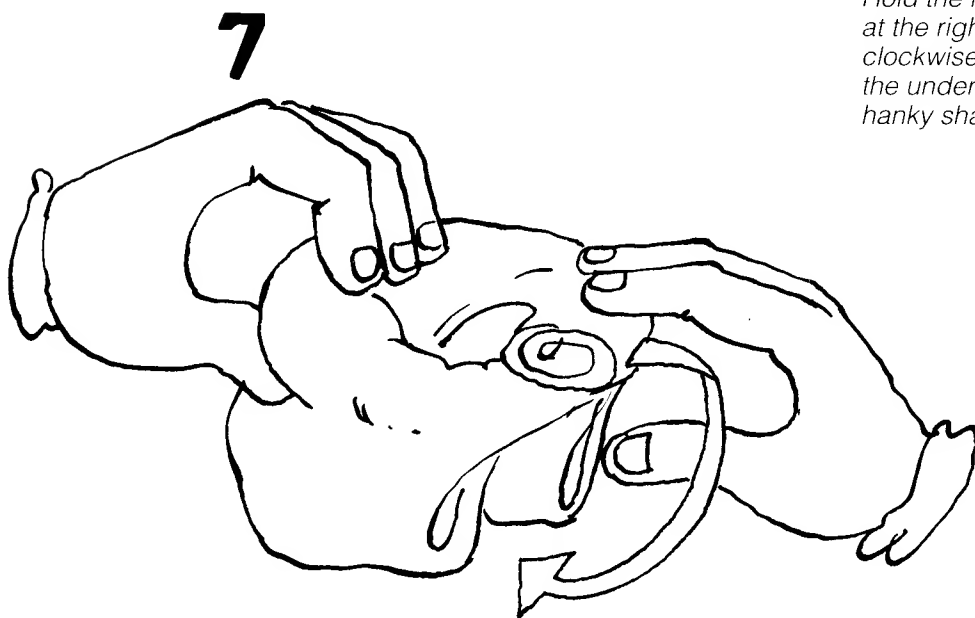


mountain crease  
(fold to the back)

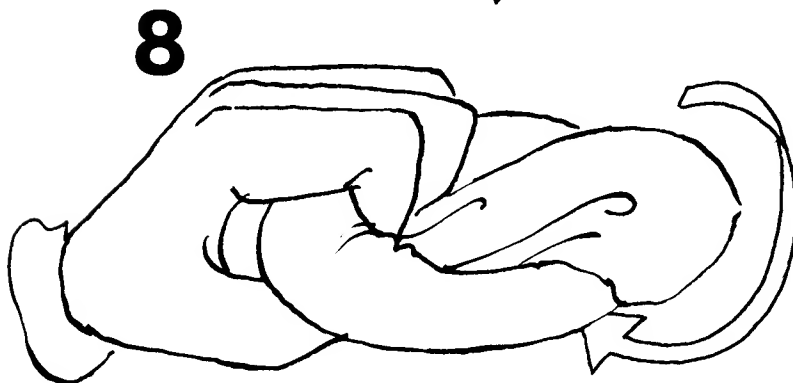




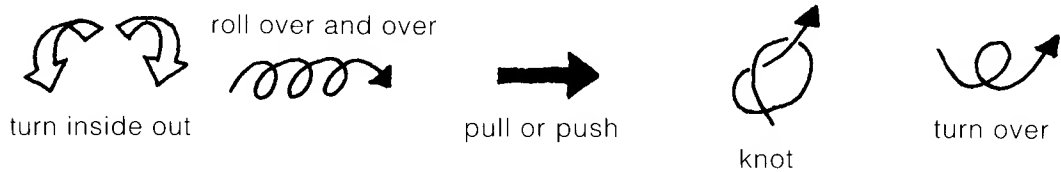
**6.**  
Hold as shown, thumb side down. Tuck the fingers of your free hand under the top edge and pull it out to the left, keeping tight hold of all the layers with your right hand thumb.



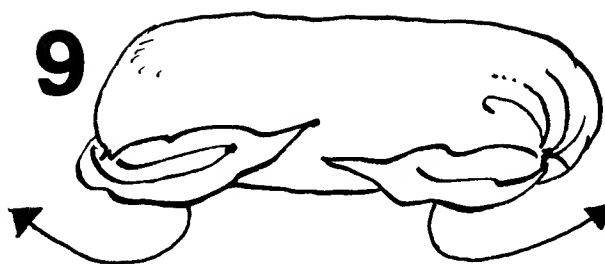
**7.**  
Hold the roll very tightly at the right. Swivel it clockwise and push it into the underside of the hanky shape.



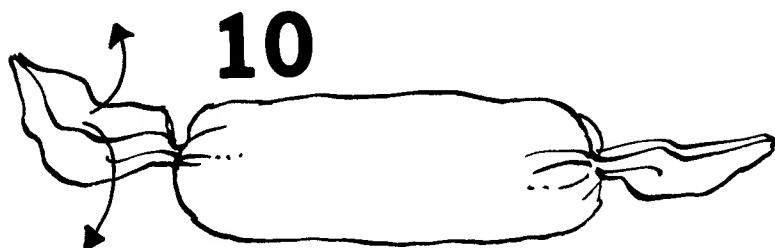
**8.**  
Hold everything tight and continue to roll it clockwise into itself, unravelling the roll in your left hand as you do so. Continue until the roll on the left runs out, making . . .



**9.**  
... a wound-up sausage!  
Pull out the loose corners.



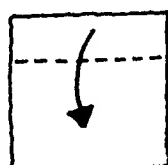
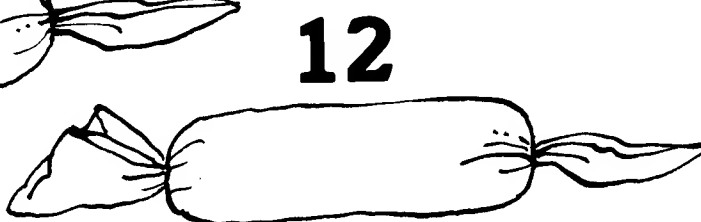
**10.**  
Open out one of the loose ends.



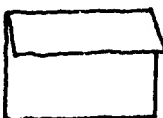
**11.**  
Push the corner back into the sausage, just enough to keep it in place.



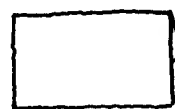
**12.**  
The Mouse complete.  
Arrange the nose and ears so that they look very mouse-like.



valley crease  
(fold to the front)

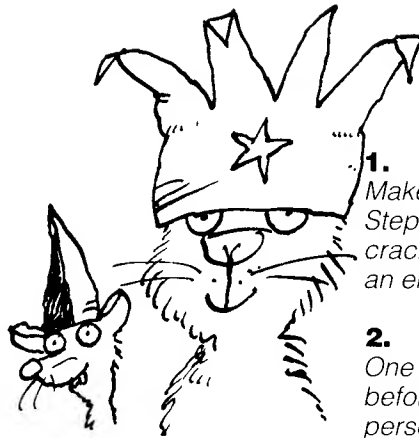


mountain crease  
(fold to the back)



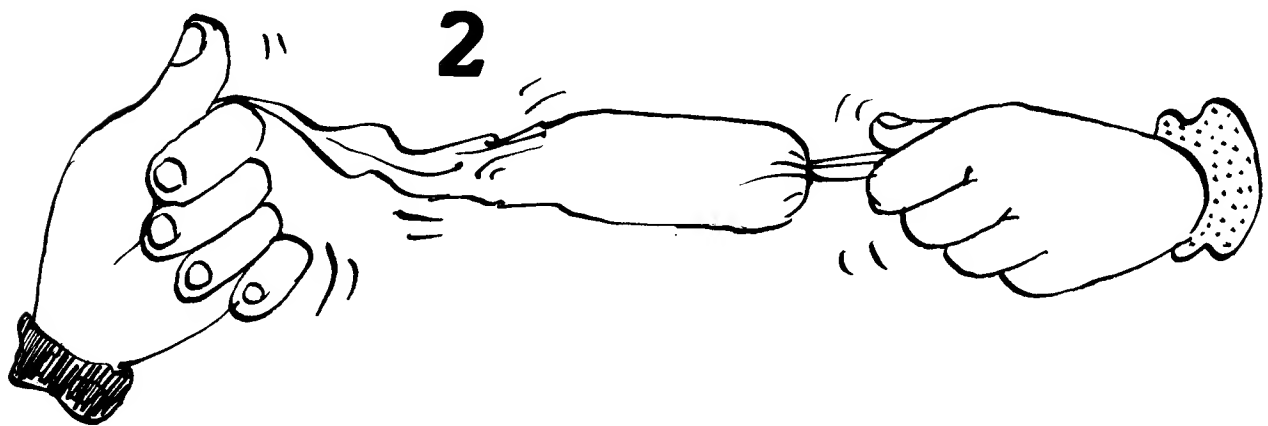
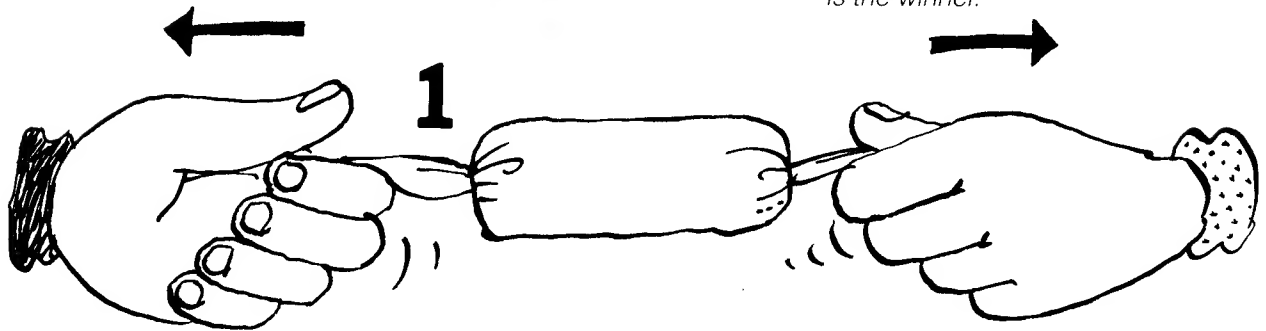
# Cracker

*This design is a special hanky fold for Christmas. As a party treat, you could hide a sweet or small toy inside the triangle in Step 1 of the Mouse, so that the winner can receive a mystery prize.*



**1.** Make the Mouse as far as Step 10. To pull the cracker, two people hold an end each . . . and pull!

**2.** One end will unravel before the other. The person on the knotted end is the winner.



turn inside out

roll over and over



pull or push



knot



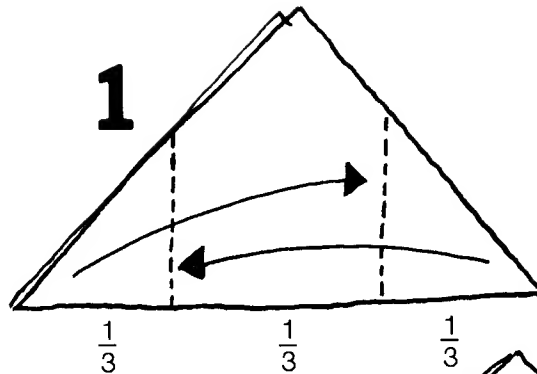
turn over

# Soft Ball

*This design is a terrific way to make a ball if you don't have a proper one to play with. What's more, it's very soft and safe to throw.*

**1.**

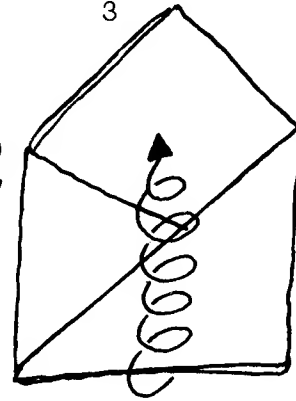
*The method is the same as the Mouse, but start by folding the bottom corners in by a third, so that they overlap across each other.*



**2.**

*Continue as for the Mouse, as far as Step 10.*

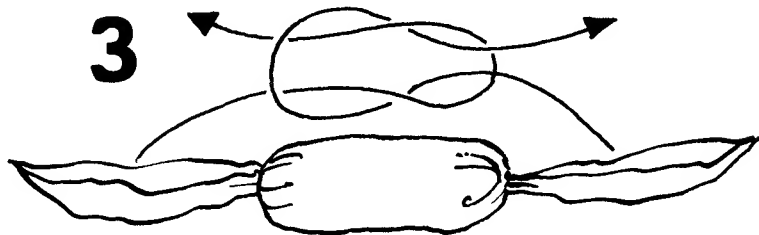
**2**



**3.**

*The result is a shorter sausage and longer loose ends. Tie the ends into a double knot.*

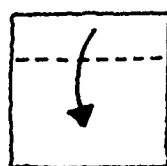
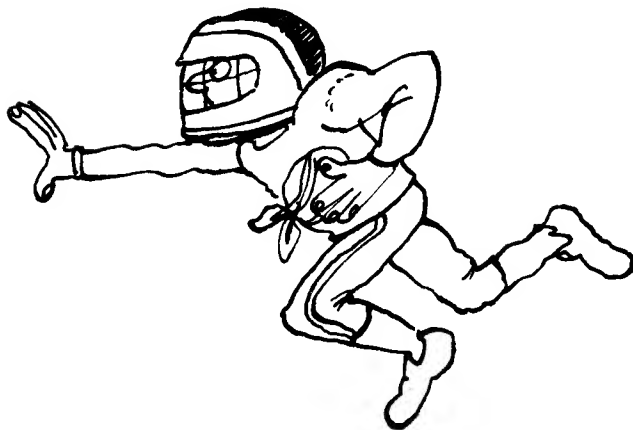
**3**



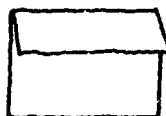
**4.**

*The Soft Ball complete. Can you think how you could make a sausage without loose ends?*

**4**



valley crease  
(fold to the front)



mountain crease  
(fold to the back)





# Bird

*This design is one of my own. If the fold in Step 2 is made narrower or wider, the wings, tail and head can be made longer or shorter compared to each other, so that many different birds can be made. Try to make some.*

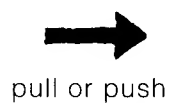
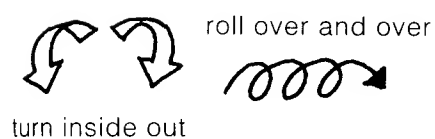
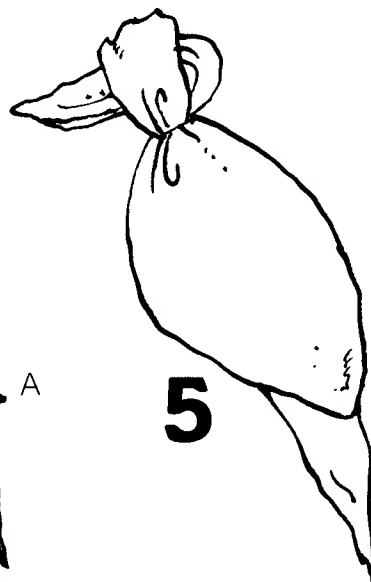
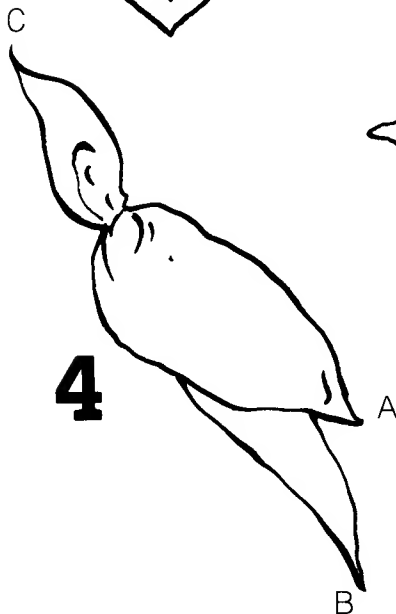
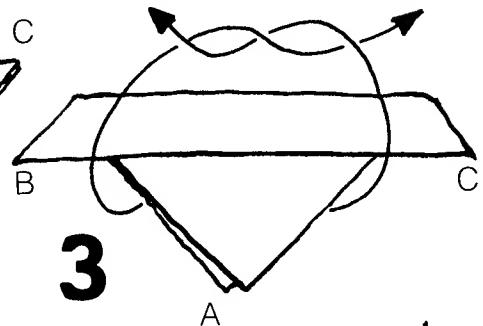
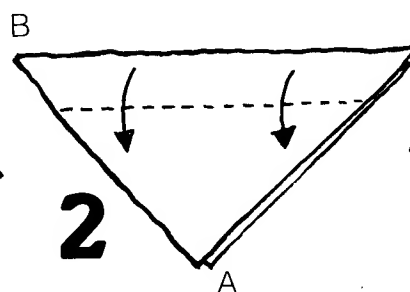
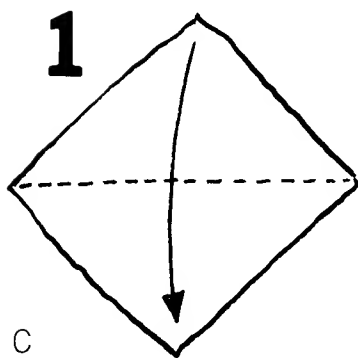
**1.**  
Fold the top corner down to the bottom to make a triangle.

**2.**  
Fold down the top edge a little way.

**3.**  
Tie the ends into a neat knot . . .

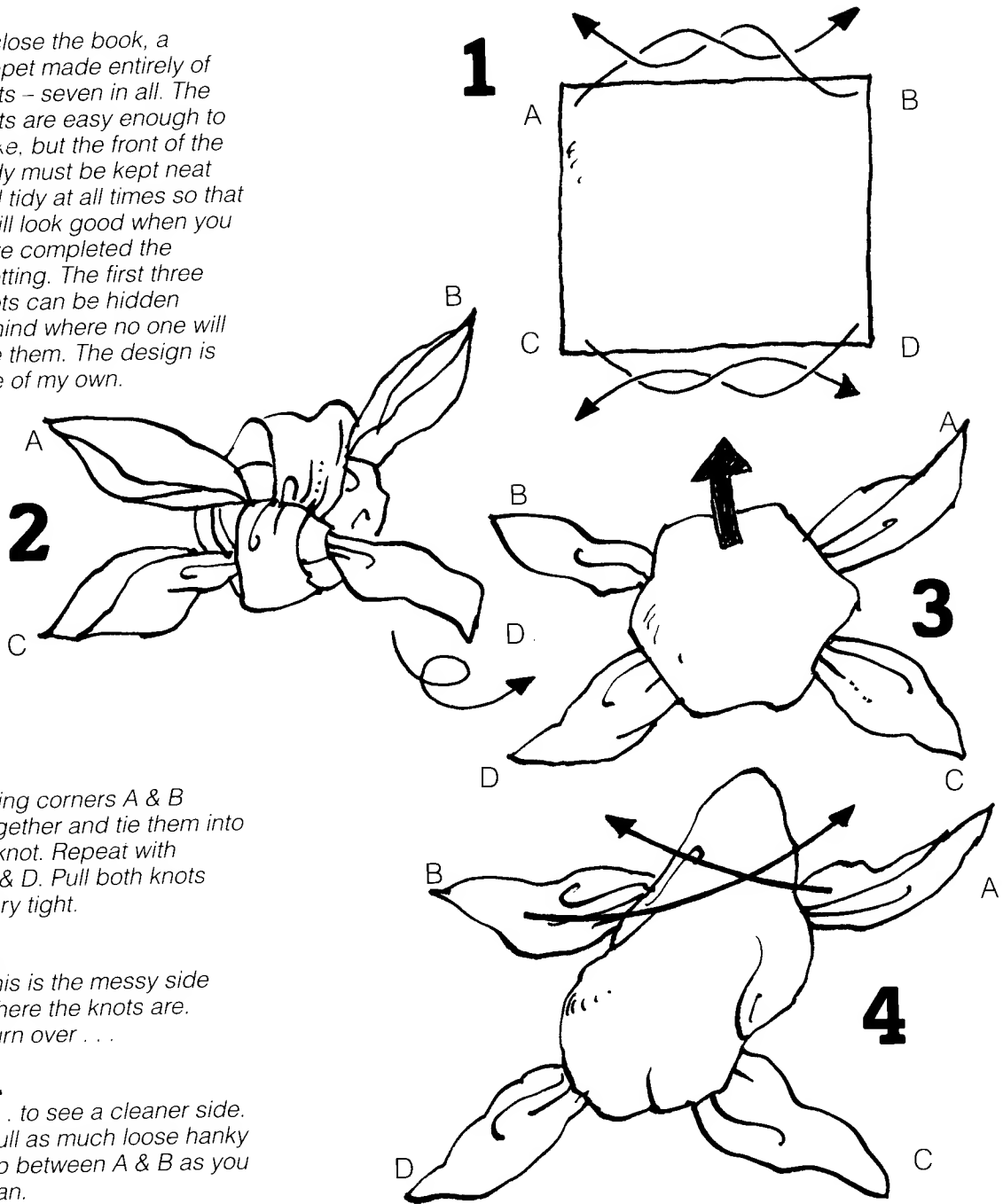
**4.**  
. . . like this. Note where A, B & C are. Repeat Steps 6-9 of the Duck to create the knotted head.

**5.**  
The Bird complete. Hold it between your finger and thumb where the feet would be, so that the bird looks as if it is perching on your finger.



# Knotted Puppet

To close the book, a puppet made entirely of knots – seven in all. The knots are easy enough to make, but the front of the body must be kept neat and tidy at all times so that it will look good when you have completed the knotting. The first three knots can be hidden behind where no one will see them. The design is one of my own.



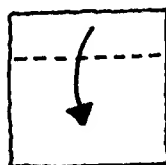
**1.**  
Bring corners A & B together and tie them into a knot. Repeat with C & D. Pull both knots very tight.

**2.**  
This is the messy side where the knots are. Turn over . . .

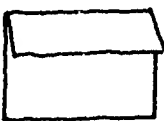
**3.**  
. . . to see a cleaner side. Pull as much loose hanky up between A & B as you can.

**4.**  
Pull B & A across the front . . .

30

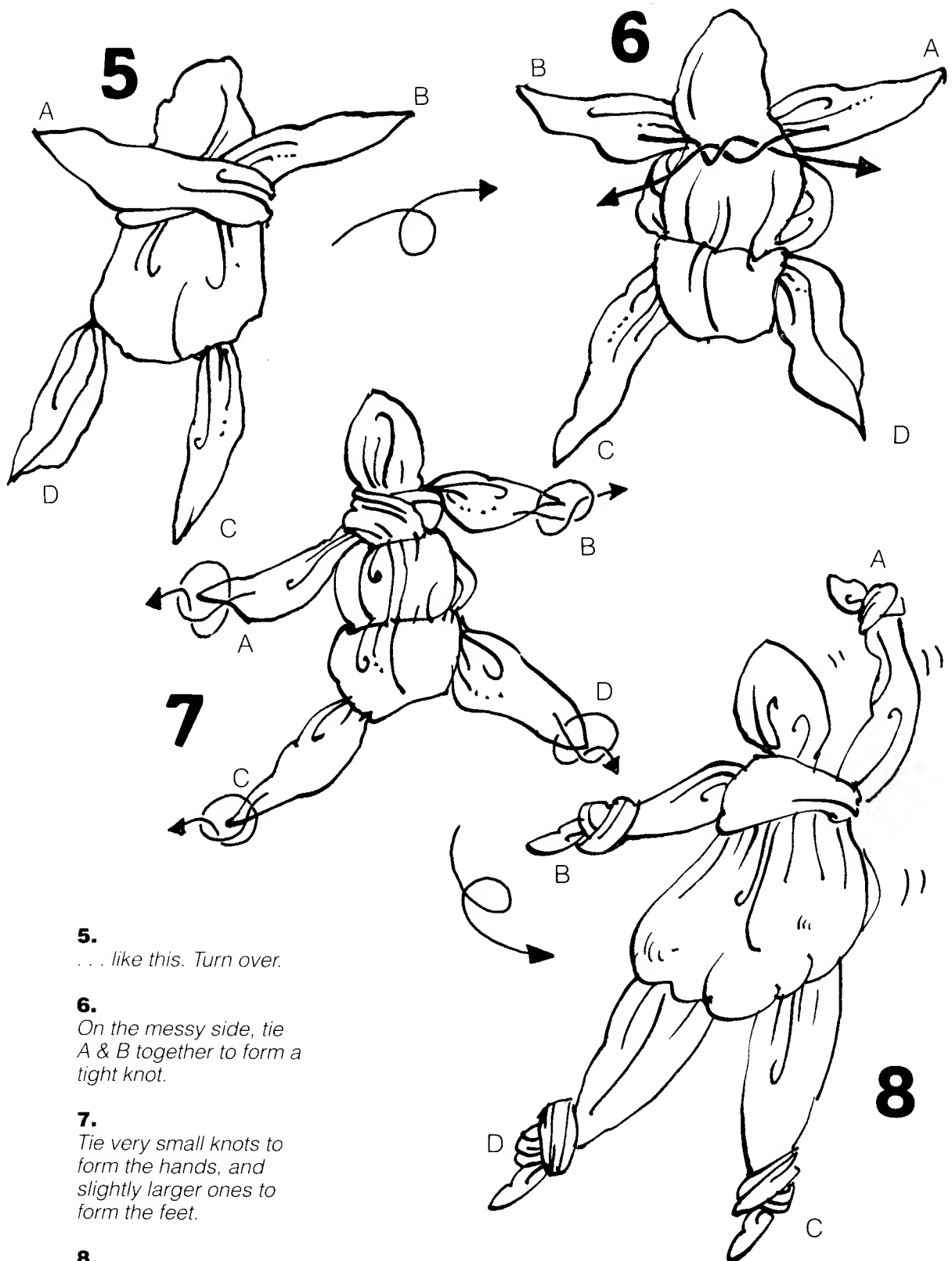


valley crease  
(fold to the front)



mountain crease  
(fold to the back)



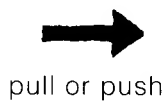
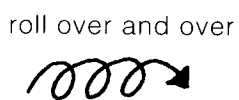


**5.**  
... like this. Turn over.

**6.**  
On the messy side, tie  
A & B together to form a  
tight knot.

**7.**  
Tie very small knots to  
form the hands, and  
slightly larger ones to  
form the feet.

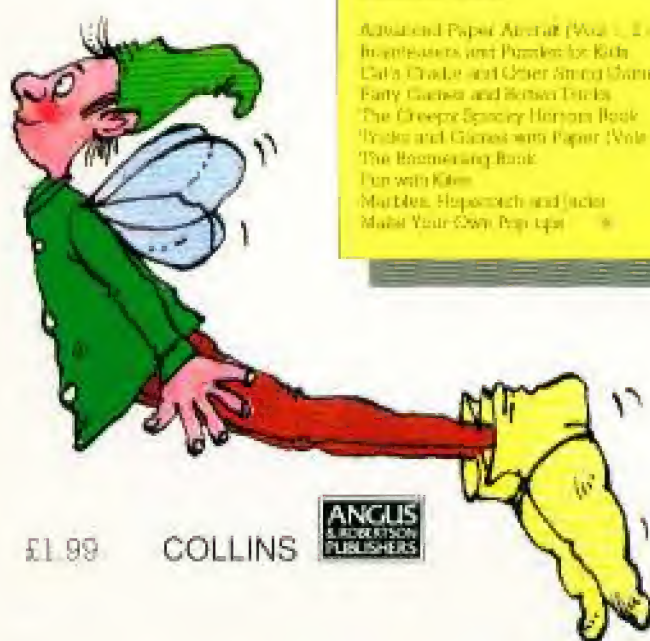
**8.**  
The Knotted Puppet  
complete.



You probably know how to fold paper to make aeroplanes and other models, but did you know that you can also fold your hanky?

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